

MYRA'S

SEPT., 1909. 3^D

JOURNAL

THE LEADER
OF FASHION

Vol.
XXXVI.
No. 9.



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2. New Sleeveless Coat.
3. Shirt Blouse with Novel Yoke.
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Myra's Journal.

SEPTEMBER, 1909.

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Mid-Season Fashions.

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No. 8515.—SMART TRAVELLING OR RAIN COAT.

For Description see Pages 31 to 36.

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"Send me by return one dozen Glycerax. I find it wonderful for preserving the teeth."

NEWS FROM FASHION CENTRES.

FROM
Vienna, Paris, &c.

SOME very smart little beaver hats have arrived from Paris for the winter — sensible, pretty little models, which are a marked contrast to the monumental head-gear of the departed summer.

Perhaps "Summer" is rather a misnomer, seeing the little sun and summer warmth which has condescended to bless us. In very hot weather enormous shady hats are tolerated; but in cold and stormy days very large hats are a nuisance alike to the wearer and to those who have to sit next to them in public vehicles—to say nothing of places of entertainment, and, though some few women remained severely indifferent to the wrathful glances of their neighbours, the vast majority of courteous and kindly gentlewomen were rendered so uncomfortable thereby that they loathed the fashion which made it practically impossible to get a practical hat. Unfortunately the war between comfort and fashion was rather disastrous to milliners, especially those who cater for the well-to-do, as very large hats of excellent straw, trimmed with a profusion of first-class flowers, all specially dyed to shade into a harmonious colour scheme, are rather costly to produce. In the July sales I saw a very handsome hat, the only fault of which was the giant proportions (especially of the crown), priced at 12s. 9d., the model being at least a two-guinea one—the original price was not given. This means a real loss, when it is often repeated, and the sales were only too plentifully furnished in our smarter millinery establishments. Fortunately the late autumn and winter modes promise better luck.

The millinery being smaller, skirts are to be far less scanty. Anything of the Directoire type—and there will not be much of it—will be very modified, and reserved for tea-gowns and bridge frocks. Hence, the waist is once more on the normal line, or just a trifle above it. In some Louis XVI. evening dresses the waist will even be drawn down rather low, especially above the draped tunics which all the best Paris *couturiers* are pressing on their wealthier clients.

Diagonal draperies will be very much to the fore in the late autumn and winter for

afternoon (indoor) and evening frocks. The effect of an evening gown in satin, for instance, draped diagonally across panels of sequin net (representing an under-dress) will be in vogue. It is an artistic style, and is very becoming to all figures, suiting well the medium build, making the stout look more slender, and giving a cer-



No. 8516.—BEAUTIFUL MID-SEASON COAT.

For Description see Pages 31 to 36.

Price of Paper Pattern, 6d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.

tain roundness even to the "Maypole" type.

The Fisher-maid type of dress still endures. Some very pretty dance frocks for the autumn are being made in this way, with pleated or merely full flounce skirt, representing an under-skirt. The tight top

of skirt can end at the waist, and can be continued into a low-necked princess dress. A pretty method is to fill in part of the low-neck with a drapery of a much lighter fabric, and to have the short sleeves of the same material.

Now that everybody is tying their hair up in wide bands of net or folds of satin, it is obvious that the order of hairdressing is changing. More and more the chignon is casting its shadow over the realm of the coiffure.

Even now waved pieces of hair are being worn upon a foundation two or three inches in width, with which to form the centre of the chignon. This wavelet is, of course, mounted over a frisette and all round about it the coronet plait, or, what is more fashionable now, an almost straight strand of hair is pinned into position.

If we accept the chignon, then, inevitably, we shall have to accept small hats again, and little flat bonnets, bent slightly down at the sides, will again come in—very useful when stormy winds do blow.

Who knows but that next season we shall adopt taffetas strings, shaped at the ends, trimmed with blonde lace? Are we returning to the pork-pie hat and a thick silk net over the back of the hair, such as we see in old photos and Leach's cartoons?

The tweeds for the autumn are very nice, indeed—rather thick, but in charming colourings—there is a tone of very pale grey, which is sure to catch on. Some very heavy cloths are to be used this winter—a kind of box cloth, in rich shades, handsomely braided. This means plain and simple elegance of style, as box cloth, while it hangs (if well cut) in faultless flutes, will not lend itself to be teased into tucks and pleats.

A novelty—or rather revival—for the autumn will be the shaped flounce on coats. It is used as a sort of added basque all round, or at sides only, or cut in one with the front centre. Such "flounces" are really part of the coat, and are not cut nearly so circular as the old shaped flounce, so that there is a mere suspicion of flutes.

FOUR FREE PAPER PATTERNS. NEARLY 100 DRESS AND MILLINERY DESIGNS.

A Utility Dress for Visiting or Travelling.

For Illustration see page 7.

THIS is a very graceful trained princess frock, to be made in apricot face cloth. It really is a low-necked, short-sleeved "jumper"—an over-dress, which can be worn over any blouse, or with a variety of chemisettes and undersleeves. No. 8518 shows the complete gown worn as an evening dress, the low neck partially filled with a drawn-up chemisette of white silk muslin. The short sleeves are filled in with separate tight, unlined sleeves of the muslin ruffled up the seam. To improve the appearance, a detachable berthe collar of the material (or of lace) is added. No. 8519 shows the real top of the "jumper," the dress in this case being worn over a tucked white satin blouse, the hat being of fine white chip decorated with apricot roses. The crown is draped with brown velvet, matching the velvet which finishes the low neck of the cloth gown.

The dress can be variously trimmed. In the illustration, No. 8518, the sleeve is shown embroidered like the berthe collar; but it is wiser to trim neck and sleeve with the golden-brown velvet, edging the berthe with chenille ball fringe to match, and only embroidering the berthe. Shaded tones of gold and brown look best in the embroidery, touched up with a little pale blue and deep pink.

The jumper has a full-length panel back and front, the dress hooking at back under the left pleat. The rest of the skirt is a circular gore on each side, the bodice part being finished with two side pieces on each side, joining the circular sides under the draped velvet belt, which passes under the front and back panels. Any under-blouses, of course, would fasten at the back. The sleeve is in a single piece. It can be edged with a velvet band or with the chenille ball fringe. Velvet buttons in groups must decorate the front and back panels.

The back opening should not be buttoned, as the buttons will look different to those merely sewn on as ornament. It is better to close the dress with Newey's small Imperial Hooks, and loops worked in apricot silk. The jumper should fit easily, so that there is no strain on the fastenings.

The dress is a capital one for black glossy silk or satin, with jetted buttons and embroidery, replacing the velvet with jet passementerie, and introducing a touch of leaf-green or mauve velvet. The blouses should be white—white satin or ottoman silk for the day blouse, white crêpe de chine or silk muslin for the evening model.

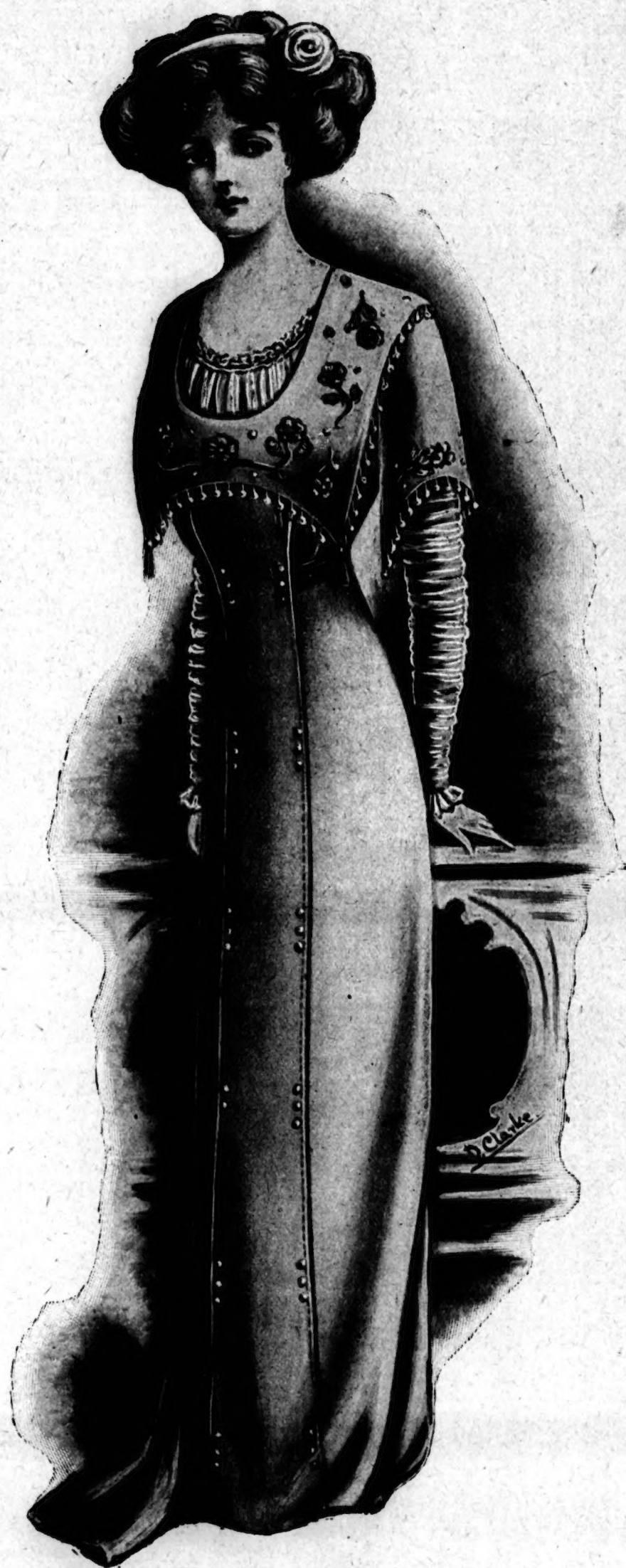
Black-and-white will be a great deal worn this mid-season, especially if the black part of the costume is trimmed with jet embroidery in beads or sequins. Dull gold sequins, &c., look very well on black silk or satin. A glossy silk should be chosen, like armure.



No. 8517.—A UTILITY DRESS FOR COUNTRY VISITS OR TRAVELLING.

(For Description see this page.)

Price of Paper Patterns, Skirt, Foundation Skirt or Blouse, each 6d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.



No. 8518



No. 8519

A UTILITY DRESS FOR VISITING
OR TRAVELLING.

No. 8519 shows the top of the Overdress
beneath the Detachable Berthe Collar.

For Description see Page 6.

*Price of Paper Patterns, Overdress, 1s. 0½d.;
Blouses, each 6½d.; Berthe Collar, 3½d.,
post free, of MADAME MYRA,
10 and 11, Fetter Lane,
E.C.*

BEAD WORK.

BY WINIFRED JONES.



No. 8520.—A BRAIDED COAT-AND-SKIRT.

For Descriptions see Pages 31 to 37.

Price of Paper Patterns, Coat or Skirt, each 6d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.

MANY, indeed, are the queries I receive anent some occupation that can be taken up in the writers' spare time by which they may reasonably hope to make a little money. Few indeed, though, are these spare time employments from which they can hope for any return, so that I was extremely glad to find that the fashionable revival of bead caps, bead chains, bead ornaments in general, has provided another occupation for the fancy worker, who, if she be wise, will seize fashion as she flies, and adapt her skill to the prevailing requirements of the day.

In the interests of my MYRA readers, I recently interviewed two ladies who make a speciality of bead work. It is rather a reflection on our modern skill to learn that the very finest bead work of all cannot be done now, as neither sufficiently fine needles nor sufficiently fine beads are obtainable, and, well as the art of colour-grouping is understood now, it is impossible to surpass the old designs and the old arrangement of colours. The chief requisites for this work are patience, skill, good sight, and plenty of spare time, for the better the work and the finer the beads, the longer it takes, naturally. The whole bead worker's equipment may be obtained for a few shillings, which is a distinct advantage. Thus the cost is: loom, 2s. 6d.; needles, 3d. a packet; thread, 4½d.; beads from 2½d. a skein.

The range of colourings in the beads is simply marvellous. I was shown a shade card containing every possible combination of colour.

The thread is first tied across the loom in horizontal rows, and the threaded needle is then pressed vertically under and across the threads so as to give a strong foundation. Bead bags and purses, of course, afford the most scope for work and originality of design. These can be knitted—a slow and laborious process, as every bead has to be threaded first—or they can be worked on canvas, but the method mentioned above is the one generally adopted now.

It is well, as far as possible, to copy old designs. The daisy pattern—tiny flowers in coloured beads—has been extensively copied in cheap, big beads, but there are many designs which are more or less exclusive. Nothing exceeds in beauty the old flower patterns, especially the rose with foliage, and I was shown a delightful old neck ornament, chains of beads of opalescent hue loosely linked together and clasped in the front with a rose ornament on a ground of white beads; and the lovely chain was of modern design, in shades of delicate blue and heliotrope. In fact, directly one sees the beads, infinite possibilities of colour combinations come before the eye.

There are various methods of obtaining orders. It would be wise to advertise as much as possible in papers devoted to matters of interest and connoisseurs, to exhibit at shows of art work, and if possible to have a small case of beadwork in a high-class shop. I was assured that it is distinctly profitable work, which, considering the present price of beadwork, I can well believe. The cost of instruction is not great, viz., 5s. a lesson or six lessons for £1, and I learn that anyone possessed of an aptitude for the work can become a skilful worker after six lessons. I shall be glad to give enquirers any further information in my power.



SMART EARLY AUTUMN TAILOR COSTUMES.

For Descriptions see Pages 31 to 36.

Price of Paper Patterns, Pleated Skirt, 1s. 0^d.; Skirt Foundation Skirts or Coats, each 6^d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.



No. 8523.—PRINCESS WALKING DRESS FOR EARLY AUTUMN.

For Descriptions see Pages 81 to 87.

Price of Paper Pattern, 1s. 0d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.



No. 8524.—BLOUSE OF VOILE, SILK, MUSLIN, &c.

For Descriptions see pages 81 to 86.

Price of Paper Pattern, 6d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.



No. 8525.—A CASHMERE BLOUSE.

For Descriptions see Pages 81 to 86.

Price of Paper Pattern, 6d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.

No. 8526

No. 8527



TWO SMART AND USEFUL TAILOR COUTURES.

For Descriptions see Pages 31 to 36.

Price of Paper Patterns, Pleated Skirt, 1s. 0^d.; Skirt, Foundation Skirts or Coats, each 6^d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.

Children's Hats & Bonnets.

BY MRS. HAMER-JACKSON.

IN one of my articles (July) I gave the full description of how to make a child's jersey, one of those garments which are now so much worn by youngsters, much to the delight of the parents and the comfort of the children.

With the jerseys, however, a suitable cap or bonnet is necessary, and although the large straw hats are worn until quite the end of the holidays, woollen headgear will not only be found a necessity in the cooler weather, but one most serviceable on windy days. I am therefore meeting the wishes of many of my faithful readers in giving them a boy's polo hat and a girl's bonnet.

I will begin with the latter, which is really a dainty piece of work:

GIRL'S CROCHET BONNET.

(For Illustration see page 31.)

For quite a tiny child no headgear can be more comfortable than the little close-fitting bonnet, coming well down over the ears. The one given in illustration can be carried out in silk crochet or Virella yarn. It is extremely simple to make, yet, at the same time, so effective when finished, that I am giving the description of stitch for the benefit of those of my readers who would like to make this pretty little head-dress.

Procure some crochet silk, wool, or yarn, in white or cream, in a fairly thick quality; also a crochet hook of medium thickness. Make a chain of 80 stitches, over which work the following stitch:—

First row: Take up 3 stitches over the first 3 chain stitches, and close by 1 d.c. Second: Take up one stitch in centre of preceding stitch, then 2 stitches in succession on the chain, close by 1 d.c., and continue so until end of row.

Second row: Take up 3 stitches, then 1 stitch in centre of stitch in previous row, 2 in succession, and close by 1 d.c.; then take up 1 stitch in centre of previous stitch, 1 stitch from stitch in previous row, and 2 other stitches in succession, and close through 1 d.c.

For the back make 12 rows of 24 stitches.

Then prepare a lace edging to finish off all round, terminating with a small picot.

The lining should be the next consideration, and for this a soft silk is most suitable, pongee or Jap being preferred, owing to its softness. The lining should be allowed to protrude slightly in front of bonnet in little pleats, to within $\frac{1}{4}$ inch of lace edging, giving a better appearance, and at the same time preventing the lace edging from falling down on to the forehead if it is inclined to be deep.

Trimming the bonnet is perhaps almost as important as the making, and the whole thing can be spoiled when the trimming is arranged stiffly and with lack of taste. Soft satin or liberty ribbon should be used—not elaborately—but in a simple and becoming manner, finished with strings to tie under chin or left ear.

A bonnet made in the materials mentioned above is easily washed when soiled, and will not shrink.



No. 8528.—SILK OR CASHMERE TEA-GOWN.

For Descriptions see Pages 31 to 36.

Price of Paper Pattern, 1s. 6d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.

No 8529

No. 8580



ARTISTIC TEA AND LOUNGE GOWNS.

For Descriptions see Pages 31 to 36.

Price of Paper Patterns, each 1s. 6d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.



No. 8531.—A PRINCESS DRESS OF FACE CLOTH.

For Description see Pages 31 to 36.

Price of Paper Pattern, 1s. 6d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.

POLO HAT FOR BOY OR GIRL.

(For Illustration, see Page 33.)

I will not advise you to work this in white unless you specially wish it to be worn with a white jersey, but if it is to match the jersey I suggested a short time ago, which was in two coloured wool, I would certainly advise you to use the same, either knitting with a mixed coloured wool or changing the colour alternately, so as to have one row one colour and one row another.

The cap is to measure about six inches, but can be made much smaller or larger in altering the number of stitches. Knit tightly to keep in shape, and use No. 16 knitting needles.

First row: Knit 1, purl 1, repeat this seventeen times; make this row five times.

Seventh row: Slip 1 *, make 1 by putting up the wool, slip 1 purlwise, knit 1, repeat from * sixteen times, knit 1.

Eighth row: Slip 1 *, make 1, slip 1, take 2 together; repeat from * sixteen times, knit 1.

Ninth and tenth rows: Same as eighth row.

Eleventh row: Slip 1 *, make 1, slip 1, take 2 together, pick up the wool beneath the last knitted stitch, and knit it; repeat from * sixteen times, knit 1.

Twelfth row: Slip 1 *, knit 1, make 1, slip 1, take 2 together; repeat from * sixteen times, knit 1.

Thirteenth row: Slip 1 *, make 1, slip 1, take 2 together, make 1, knit 1; repeat from * sixteen times, knit 1.

Fourteenth row: Slip 1 *, make 1, slip 1, knit 1, make 1, slip 1, take 2 together; repeat from * sixteen times, knit 1.

Fifteenth row: Slip 1 *, make 1, slip 1, take 2 together; repeat from * thirty-three times, knit 1. Make this row eight times.

Twenty-fourth row: Same as eleventh row, but there will be more repetitions.

Twenty-fifth row: Same as the twelfth row. Twenty-sixth row: Same as the thirteenth row. Twenty-seventh row: Same as the fourteenth row. Next ten rows: Same as the fifteenth row.

Arrange your stitches on three needles, but do not join them.

Thirty-eighth row: Slip 1 *, make 1, slip 1, take 2 together; repeat from * six times, increase one stitch as described in eleventh row. Continue to increase one stitch after every seventh pattern or rib to the end of the row. There will only be five ribs between the last two increased stitches. Knit 1. Thirty-ninth row: In pattern, as in twelfth row. Fortieth row: Same as thirteenth row. Forty-first row: Same as fourteenth row. This row completes the increasing. There are now seventy-eight ribs, which with the first and last stitches, makes 236 stitches. Knit the next seventy-four rows in pattern.

116th row: Slip 1 *, purl 1, take 2 together; repeat from * to the end, knit 1.

117th row: Slip 1 *, purl 1, knit 1, repeat from * to the end, knit 1. Repeat this row twice.

Next sixteen rows: * In original pattern. Repeat 116th and 117th rows. Repeat from * twice. Cast off tightly, and fold at 116th row.

Join neatly on the wrong side, and cover a button with a little piece of knitting to match to put on the centre of the cap.



No. 8532



No. 8533

SMART STYLES FOR TRAVELLING DRESSES.

For Descriptions see Pages 31 to 36.

Price of Paper Patterns, Skirts, Foundation Skirts or Coats, each 6d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.



No. 8584.—A TUCKED AND EMBROIDERED BLOUSE
For Descriptions see Pages 31 to 36.
Price of Paper Pattern, 6d., post free, of MADAME MYRA,
10 and 11, Fetter Lane, E.C.



No. 8585.—A TUCKED SATIN BLOUSE.
For Descriptions see Pages 31 to 36.
Price of Paper Pattern, 6d., post free, of MADAME MYRA,
10 and 11, Fetter Lane, E.C.



No. 8586.—AN EARLY AUTUMN TAILOR GOWN.
For Description see pages 31 to 36.
Price of Paper Patterns, Coat or Skirt, each 6d., post free, of MADAME MYRA,
10 and 11, Fetter Lane, E.C.



No. 8537

A STRIPED TAILOR COSTUME AND AN ELEGANT AFTERNOON GOWN.

No. 8538

For Descriptions see Pages 31 to 36.

Price of Paper Patterns, Pleated Skirt, 1s. 0^d.; Skirt, Foundation Skirts, Bodice, Coat, each 6^d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.

TRAVELLING STYLES.

No. 8539 No. 8540

Price of Paper Patterns, Long
Coat, 1s. 0½d.; Skirt or Coat, each
6½d., post free, of MADAME MYRA,
10 and 11, Fetter Lane, E.C.



No. 8541

No. 8542



No. 8543

No. 8544

PRETTY MID-SEASON BLOUSES.

For Descriptions see pages 30 to 36.

Price of Paper Patterns, each 6¹/₂d., post free, from MADAME MYRA, 10 and 11, Fetter Lane, E.C.

No. 8545

No. 8546



No. 8547

SMART MID-SEASON MILLINERY.

For Descriptions see Pages 31 to 36.

No. 8548

No. 8549



AFTERNOON GOWNS FOR OUT-DOOR OR IN-DOOR WEAR.

For Descriptions see Pages 31 to 36.

Price of Paper Patterns. Princess Overdress, 1s. 6 $\frac{1}{2}$ d.; Skirt, Foundation Skirts, or Blouse, each 6 $\frac{1}{2}$ d.; Over-Blouse, 8 $\frac{1}{2}$ d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.

No. 8550

No. 8551

No. 8552



SMART STYLES FOR MID-SEASON

For Descriptions see 2

Price of Paper Patterns, Pleated Princess Dress, 1s. 6½d.; Princess Dress, 1s. 0½d.; Long Coat, 9½d.



ASON AND EARLY AUTUMN WEAR.

ons see pages 81 to 86.

coat, 9s. 6d.; Skirts, Blouse or Coats, each 6s. 6d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.

DESCRIPTIONS OF THE FREE PATTERNS.

[NOTE.—Our Free Patterns, presented with each number, are always cut stock size for ladies: Skirts (from natural waist), 40in., front length (except for trottoir, when length is only 38in.); waist measurement (skirts, coats, blouses, &c.), 24in. Children's patterns are cut the recognised stock size for the ages quoted in the description. No turnings are given.]

NEW SKIRT WITH HIP-YOKE, AND THE NEW SLEEVELESS COAT.

THESE are remarkably good models. I deal with them together because if cut together a great deal of material is saved. Coat and skirt look excellent in striped cloth, tweed, alpaca, &c., or in plain fabrics. I deal with the striped material in my diagram, because plain fabrics are so much more easily cut. The costume looks specially elegant in striped fabrics, as the style lends itself to a graceful arrangement of the stripe lines. There will be a great demand for stripes and plaids this autumn. The striped coat is not illustrated on the skirt figure, because it would hide the hip yoke and the stripe arrangements.

The pattern of the skirt is in three pieces: Circular side of skirt (cut in two, because the pattern paper is not wide enough to take the entire sweep; pin the pieces together on the material according to double and single notches, as shown in diagram), half the front (cut with hip yoke). With regard to this front-and-yoke, if cut in plain material, it should be in one piece; but for stripes that brings the stripes in a very ugly position across the yoke back. So for stripes cut the yoke in half at the single notches and put the now separated yoke back with side on cross so that though stripes meet at notches (e f in diagram) in V points, stripes now come straight and vertical at back centre instead of horizontal. A look at diagram will make this clear. The stripes run straight down tablier. As to the circular side, the stripes run straight down the centre, but come in V points at side line and at back.

The coat pattern is in two pieces: one front, half the back. The stripes run straight down back centre, and down the straight edge of the front. Coat and skirt together cut very economically; indeed, skirt alone takes almost as much as the two garments.

The diagram shows the pattern pieces of skirt and coat laid on $4\frac{1}{2}$ yards 48-inch material, which is opened out, and is double-beneath the circular side, so that it is cut in duplicate (see that centre of circular breadth exactly coincides with straight of material, so that stripes run straight). As the material is not wide enough for entire side, add corners seamed at selvages, at a b, c d, taking care that stripes meet exactly. Above this, the opened-out material is single. Fold over the left selvedge enough to take skirt

front and yoke as far as seam, e f. The surplus material to the right takes the two coat fronts (duplicate marked off on material). Above the fronts, fold over right selvedge enough to take the back of coat, laying back centre on fold. You have plenty of material for the detached back of yoke, which is correctly marked in place on diagram, next the circular side.

Seam on the corners, a b, c d. Tack the seams, e f. Tack together sides and front, according to the single and double notches.

Tack the back seam (leave the opening here) and try on. Interfere with the joining of yoke and sides as little as possible, letting out and taking in as far as possible in the

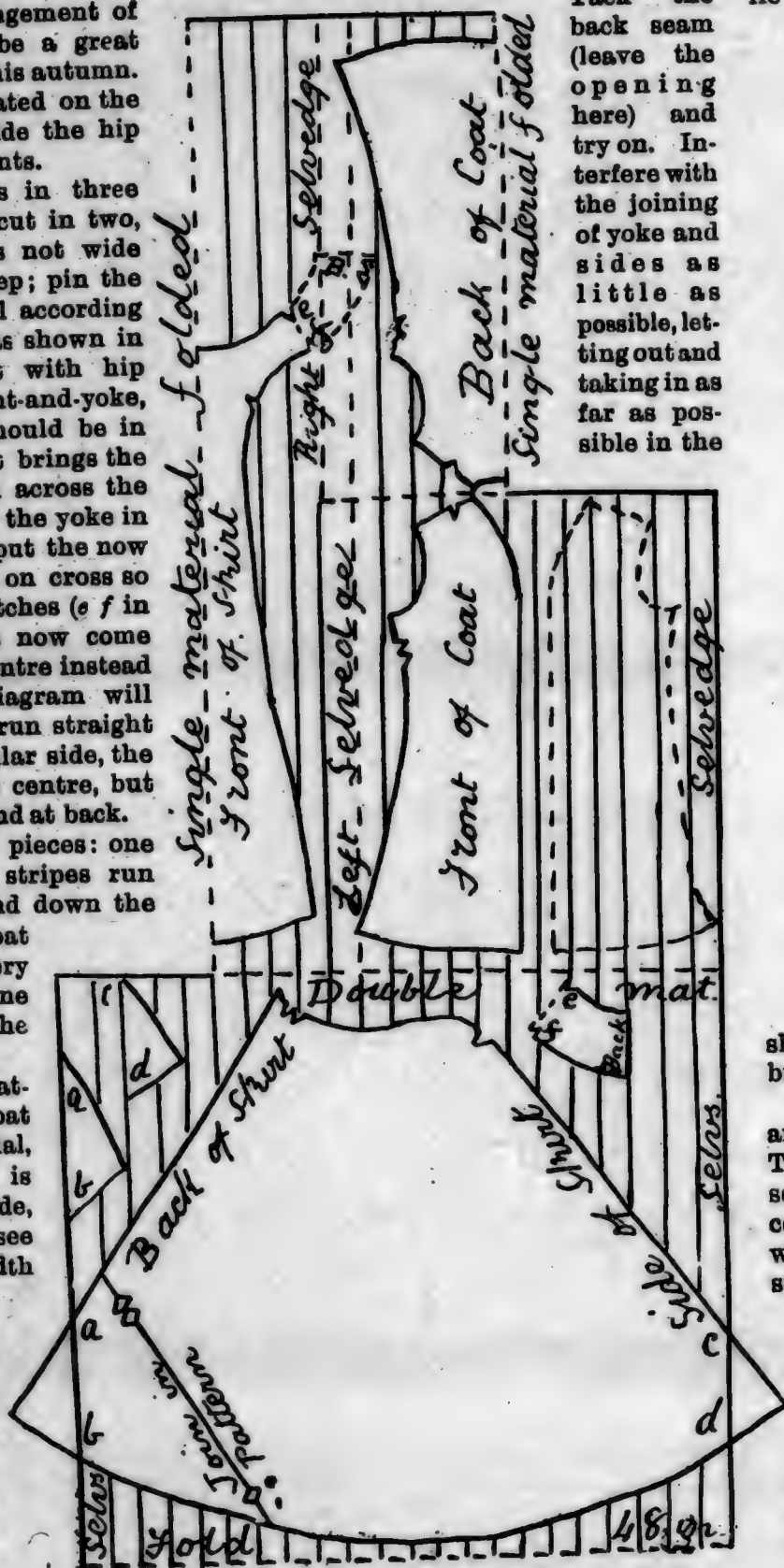


DIAGRAM OF FREE SKIRT AND COAT PATTERNS.

back opening and back seam (here the stripes should meet in V points). When fitted, before stitching seams of yoke front and sides, introduce a piping of velvet matching the darker stripe. The tablier seams are decorated with velvet buttons. The skirt is simply hemmed. The top is bound with a ribbon. Close yoke and opening with glove-stud fastenings. The skirt (except yoke and tablier) should be unlined, worn over a foundation skirt or silk petticoat.

In plain material, the skirt tablier is laid along the straight fold as shown for stripes, but material must be folded over further, so as to take the complete yoke, right up to the back line. The arrangement of coat would be the same. The circular side would be cut much the same, except that the side line (single notch to edge) would lie along the selvedge. The waistbelt



No. 4.—DAINTY ONE-PIECE PINAFORE.

For Description see Page 26.

should be of velvet, like the piping and buttons.

Tack together the shoulders of coat back and front, seeing that stripes meet neatly. The sides under the arm are just caught so far as the wearer likes. Hem the whole coat with a bias band of velvet supported with lino, and line with thin silk, slip-stitched to the inside of the velvet hem.

In plain cloth the whole coat could be cut in one piece, by folding material in half (selvedges meeting), pinning together on the material the shoulders of front and back, and laying the back centre along the fold. A single hook and eye closes the coat in front, and a handsome chenille or silk brandenburgh. Similar brandenburghs can hold together the sides of coat, as

"The dress you have suggested is just exactly what I wanted."—L. O'S.

THREE OF OUR FOUR FREE PATTERNS.

Showing a Complete Striped Coat-and-Skirt Costume, a Smart Shirt Blouse, and a Beautiful Tea Coat for a Lady.



No. 1.—NEW SKIRT WITH HIP YOKE.
No. 3.—SHANTUNG SHIRT BLOUSE WITH
NEW YOKE.
(Looks charming in Velveteen to wear beneath Striped
Coat for late autumn.)

For Descriptions see pages 24 and 26.



No. 2.—SLEEVELESS LACE DINNER OR TEA COAT.

(Showing also Free Coat Pattern in striped material
to match Free Skirt.)

For Description see page 24.

For Illustration of Free Pattern No. 4, see Page 24.

shown in the second version of the smart coat pattern.

Our sleeveless coat illustration (page. 25) shows the pattern as a lovely lace dinner coat, worn over a dainty blouse of silk muslin and lace. The coat takes $3\frac{1}{4}$ yards 26-inch lace. It should be hemmed with thick lace insertion. A good effect is obtained by putting deeper insertion or edging to finish the wide armhole. The brandenburghs are of silk exactly matching the lace.

SHIRT BLOUSE WITH NOVEL YOKE.

This looks beautiful in pure white Shantung, decorated with velvet buttons. The novel yoke is a mere shoulder strap, and is very becoming.

The pattern is in six pieces: pleated right front (the central box-pleat wheel-marked the three pleats shown by dotted lines in the dia-

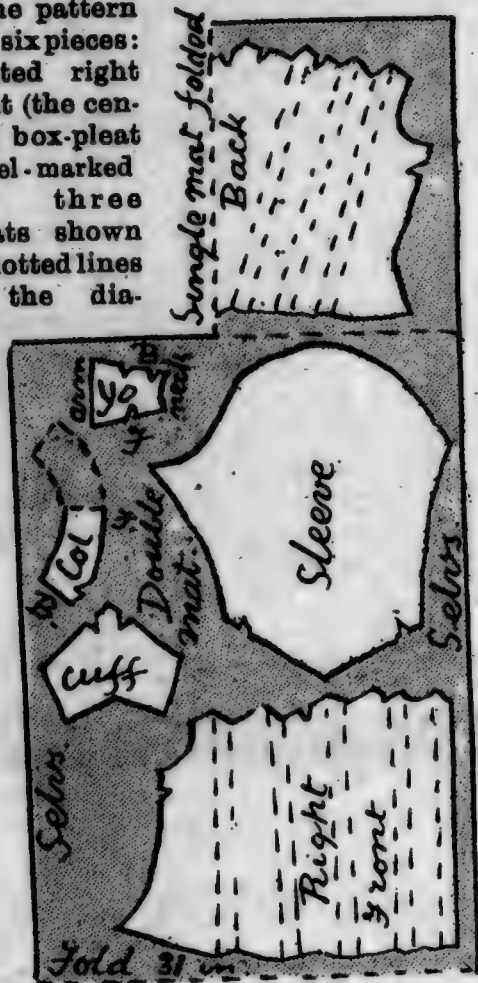


DIAGRAM OF FREE BLOUSE PATTERN.

gram, by the jags in the pattern), half the pleated back, one yoke, half the collar band, one sleeve, one cuff. The lower part of the pleats are drawn in to suit the figure when fitting. They are rather deep, and can be either stitched down (like tucks) or be secured inside.

The diagram shows the pattern pieces laid on 3 yards 31-inch Shantung, which is opened out and is double beneath front, sleeve, cuff, and yoke patterns, so that each is cut in duplicate. The missing half of collar is marked out on the material. It can fasten in front or at back, the shirt closing in front with velvet buttons and buttonholes made down central box-pleat. Or the buttons can be merely for ornament, the skirt closing with hooks and worked loops. Collar hooks at back.

Arrange the pleats. Tack strap yoke to front and back according to notches. Tack the under-arm seam and try on. Secure

the pleats. Stitch on the yokes (lapped seam), and put a velvet button, back and front, to mark each pleat. Line the collar, and stitch to right front and right half of back. Left side is secured by hooks and

loops, blouse neck being bound with a strip of material.

Line the cuffs. Seam sleeve; slit and hem centre at lower edge for two inches for an opening; gather lower edge into the cuff according to the notches. Cuff closes like shirt front. Gather the top into armhole, arranging gathers on the wearer. Stitch in sleeve and bind the seam.

The blouse looks beautiful in velveteen, to wear with the sleeveless coat and hip-yoke skirt in the late autumn.



DAINTY ONE-PIECE PINAFORE FOR A LITTLE GIRL.

It can be made of muslin, fine linen, nainsook, batiste, &c. Pattern is in one piece—half the back and half the front in one. The diagram shows the pattern laid on $1\frac{1}{2}$ yards 36-inch material, which is folded in half (selvedges meeting), centre of back and front laid along the fold. The pattern is cut for a child of three-four years.

Pleats, front and back, simulate large box pleats, the folds of which are shown by dotted lines in the diagram, by the jags in pattern. Each side the pleat is $1\frac{1}{4}$ inches

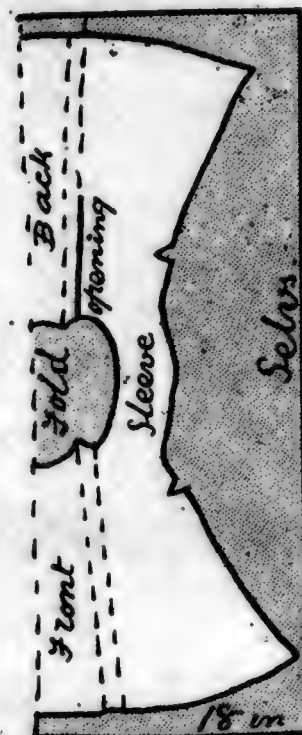


DIAGRAM OF THE PINAFORE PATTERN.

deep. The only seam is under the arm—from the notch to the edge of skirt. The back (right or left pleat, see diagram) is slit for an opening, supplied with false hems. The lower edge has a deep hem. Neck and large armhole are hemmed with broderie in section. Two straps of linen are stitched on the sides at back, two more at sides in front, to hold the smart, loosely tied sash. The straps at back should be higher than those in front, to keep the sash nearer the waist. This charming little model can be used as a nursery over-dress or "jumper," made of white or coloured serge, trimmed with braid.

No. 8558.—A FOULARD AFTERNOON GOWN.

For descriptions see pages 31 to 36.

Price of Paper Patterns, Skirt, 1s. 0d.; Blouse, 6d., post free, from MADAME MYRA, 10 and 11, Fetter Lane, E.C.

"I like Myra's the best of all English, French or German papers."—Mme. P. T., Budapest.

No. 8557



No. 8558



No. 8559



No. 8560

No. 8561

No. 8562

USEFUL MID-SEASON AND EARLY AUTUMN STYLES.

For Descriptions see Pages 31 to 36.

Price of Paper Patterns, Long Coat, or Plated Skirt, each 1s. 0½d.; Skirt, Coats, Blouses, each 6½d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.

COOKERY & HOUSEHOLD MANAGEMENT.

SOME HOMELY SUBSTITUTES FOR PEOPLE WITH SMALL MEANS AND SMALL KITCHENS.

EXCUSES for bad results in cooking are too often made on this wise: "Of course, I could have done it better if I had had so and so"; "It wouldn't have been so badly managed if we had had plenty of this or that"—and lack of materials or utensils is supposed to be quite sufficient extenuation for any amount of blunders.

Now an intelligent woman or girl, be she mistress or maid, ought to understand that the most unpardonable blunder of all is to be unable to adapt herself to circumstances. It is part and parcel of her daily duty to make herself independent of small difficulties, and so make use of, and triumph with, "the next best thing" when "the very thing one wants" is not to be had.

There is no need to mourn because, for instance, the one and only flour dredger has gone a-missing, or has become unusable and we are far from shops. Is there no small tin in the house—once the home of baking powder or any other cereal? It is very easy to clean this and to punch a few holes in its lid and fill it with flour. Then what better dredger could we have? and it has cost nothing but a little trouble, and that very little.

There is hardly any limit to the economies a clever and capable woman may accomplish by keeping her wits about her, and declining to "say die."

In making pastry, say, we do not possess pastry-cutters, or a pastry-brush, nor even a pastry-board, let us not despair. Pastry has been made before to-day on the top of a well-scrubbed kitchen table (a table, let it be understood, which has been habitually kept scrupulously clean, and is freshly scrubbed down and nicely floured for the pastry making, and well scrubbed down again directly this work is done); a quill feather will make an admirable pastry brush, and as for cutters, are there not the lids, tops of wine-glasses, cups, tumblers, and a dozen other things, which will turn out quite good work?

The grumbler who has no pestle and mortar may use a wooden bowl and the end of a rolling pin instead, and who will be the wiser!

The cook who cannot fry without a frying basket may learn that a perforated iron spoon, or a penny tin fish slice, or even a skewer (if not put through the flesh of any meat being fried, simply through the fat) may be employed to advantage, and fish, or flesh, or portions of fowl may still be fried, and well fried too.

If the egg whisk be not forthcoming, why not whisk cream in a basin with a fork, and whites of egg on a plate with a broad flat knife?

In hot weather, instead of sighing for the light glass pastry roller of our grandmothers, which has gone, no one knows when or whither, why not take a glass bottle—an ordinary three-gill bottle, or a

reputed quart—fill it about half full with ice-cold water, cork it well, and use it. It will be absolutely cold, and not too heavy. The pastry will be well rolled as well as kept cool.

Few cooks—at least of the cook-general kind, who in middle-class houses must do a great deal of housework as well as their cooking—have time to use a tammy cloth, which undoubtedly adds to the smoothness of soups and sauces, but if these are rubbed through a fine gravy strainer, they will be quite smooth enough for ordinary circumstances, and much more so than they too often are.

A wire sieve may serve as a colander in an emergency. A jug, standing in a pan



TUCKED OVERCOAT FOR A LITTLE GIRL.

This capital pattern was one of the Four Free Patterns given with the August number.

with boiling water half or three-parts up its depth, will answer quite as well as a double saucepan when that useful utensil does not exist, and any large saucepan or any stone jar standing in a pan will do instead of an expensive stock-pot, and we may keep our tables clean by using small wooden box lids as saucepan stands, thus making the best of small resources, and avoiding fresh expenditure.

Box lids, carefully kept, and not carelessly thrown away, may provide us with a chopping board; while those not otherwise required may be used for firewood, thereby saving many a penny, which will help the pounds to take care of themselves.

Instances may be multiplied almost indefinitely of things which will do quite as well as more elaborate paraphernalia. I do not say that a perfectly equipped kitchen, with every utensil and implement in it of the best, is not the dream of every house-proud woman, be she rich or poor, according to her circumstances and purse, but we know that these are not the days in

which such dreams are realised. Therefore, it behoves us to look about and see how well-equipped we can make our beloved kitchens with what I may call the implements and utensils of invention and common-sense.

I have already, in an article on the uses of ice (MYRA'S JOURNAL, July, 1909), said something about the simple things which may turn out ices, putting more elaborate machinery to shame. But it is not only in cold things that one can improvise thus.

We can laugh at the salamander beyond our reach, so long as there is an old shovel to heat red hot, and hold, with a few red cinders still in it, over anything we want to brown after it is cooked; and we need not fret for want of a braising-pan while we can use an ordinary tin saucepan, turning its lid wrong way up and filling it with hot cinders, which will apply "top-heat" quite as successfully as the best French braising-pan could do.

Then, when we have a function, and some things have to be kept hot, there is no need to trouble the local ironmonger to make a substitute for a Bain-Marie; we may put a large baking tin, half full of boiling water, on the top of the range, and stand in it the basin, or pie dish, or small pan, or saucepan we wish to keep piping hot, and all will be well, and not a farthing has been spent.

As with implements and utensils, so with materials and ingredients. Much may be done by the capable one who refuses to be beaten; and she who yearns to be capable, and unvanquished, may soon learn how to make the best of kitchen limitations. In recipes where cream figures, and cream is not to be had, or afforded, for instance, milk and a scrap of butter will do very nicely instead, and quite sufficiently so for all ordinary purposes. When shallots are prescribed, rather more than their quantity in ordinary onions will do quite well.

Many ingredients of some recipes, e.g., mushrooms, truffles, &c., may be omitted altogether without serious harm to a dish; mace may masquerade as cloves, if one or two allspice are added to it; pickled nasturtium seeds are an excellent substitute for capers; celery seeds will give a flavour of celery to soup, when fresh celery is not to be had; and so on.

Many of the so-called chicken creams and other dishes sailing under the flag of chicken are made of rabbit, therefore when similar dishes are made from chicken itself, and quantities give out, let no one forget that a little rabbit cooked with them to eke out will not disgrace its company.

Arrowroot is expensive, but potato flour or cornflour will take its place very well, and both are cheap and easily obtained, and both keep well.

Fresh suet is not always at hand when it is wanted, but mutton dripping, well clarified and coarsely chopped, will do quite nicely instead of it. So with Parmesan cheese, a very nice and readily used luxury; but stale cheese of any description, well dried and powdered, will make cheese dishes quite appetisingly, and is it not better to use what we have rather than pay money out for a luxury, and then waste scraps?

The use of baking powder is commendable when butter is at a premium and cakes or pastry have to be made. I do not say it improves either to have a short allowance of butter or eggs, but it certainly does make the best of things when baking powder is used. In a word, said by a cook, "If you cannot have the best, make the best of what you have, and you won't go far wrong."

"I never miss a chance of recommending 'Myra's Journal,' as I think it a treasure."—Mrs. M. Carmarthen.

Employment Bureau.

SPECIAL NOTICE.—Will correspondents please read the rules carefully regarding notices for re-insertion in the Register, and letters to be forwarded? Inattention causes delay and trouble.

NOTICE.—The printed notice must be cut out of the Register for re-insertion each month.

LETTERS TO BE FORWARDED.—These must be fully prepaid, and must bear the Register number at the top left-hand corner. No letter will be forwarded unless it is accompanied by the writer's name and address—not for publication, but as a guarantee of good faith.

ALL LETTERS must be sent to Miss Winifred Jones, Employment Bureau, 10 and 11, Fetter Lane, E.C. If to be answered by post, six penny stamps must be enclosed, and a stamped, addressed envelope.

TO BE ANSWERED in these columns in the next number, letters must reach the office on or before the 25th of the month.

NOTICE.—May I once again point out to my correspondents that letters intended for this Bureau should be addressed to me personally, and that unless this is done some delay must inevitably occur.

FREE REGISTER.

No. 528.—Fancy embroidery. Bazaars and brides' parcels. Ladies' materials worked up cheaply.

No. 531.—Furs altered, re-lined, repaired. Reasonable charges. References. Foreign orders taken.

No. 372.—Ladies' blouses from 2s. 3d. Ladies' and children's underwear; boy's suits. Will cut down, turn, and renovate. Recommended. Materials supplied if wished.

No. 707.—Dressmaker at ladies' houses. Town or country. 3s. 6d. a day, from 9.30 to 6.30. Or at home (Chiswick).

No. 692.—Dainty hand-made lingerie at moderate prices. Nightdresses and camisoles a speciality. Orders solicited.

716.—Wanted orders for fancy embroidery, crochet and hairpin d'oyleys, bed socks (single or double knitting), bedroom slippers, babies' jackets and boots.

717.—Novel artificial roses in muslin and silk. Prices and particulars on application.

718.—Finest smocking, lingerie, blouses, dresses for children and adults. Orders solicited. Recommended.

719.—Milliner. Makes own shapes. Trims and gives personal attention to every detail. Speciality: Renovating and re-trimming hats, ladies' own materials, 2s. 6d.

ANSWERS TO CORRESPONDENTS.

All letters must be addressed to Miss Winifred Jones, "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

WORKER WANTED (Mrs. B.).—I thank you for your second letter and enclosure. I am sorry to learn, though, from the worker mentioned that you did not employ her. As I told you, she has given great satisfaction to former correspondents.

ADDRESSES REQUIRED (Elemby).—I hope you have been able to make use of the information I gave you, and that you will let me know how you get on. I am always so pleased to hear of any success attained by my readers or to help them in any difficulties.

LETTER FORWARDED (K. S.).—You are a very old correspondent of mine, and should know better than to send on a letter—unaccompanied by your name and address—to be forwarded. Naturally it involves delay, as I am obliged to open communication, nothing of an anonymous nature being forwarded. I hope the result was satisfactory.

LINGERIE (M. C. R.).—Thank you for your letter and your good wishes for my holiday. I am sorry no order resulted from the letter I sent; better luck next time.

DRESSMAKER (M. T., Chiswick).—I am glad to hear that you are so busy, and hope it may continue. There are two sides to every question, we know, and while it is a pity that you do not suit in that particular case, you will, I am sure, endeavour to do your best to give satisfaction.

(Continued on page 42.)



No. 8563.—A GOOD TRAVELLING OR DUST WRAP.

For Descriptions see pages 81 to 86.

Price of Paper Patterns, 1s. 0½d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.



Nos. 8571 & 8572

Nos. 8573 & 8574

No. 8575

WINTER OUTFITTING FOR BOYS AND GIRLS.

For Description see Pages 31 to 36.

Price of Paper Patterns, each 6d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.

Descriptions of Our Illustrations.

Smart Travelling or Rain Coat.

No. 8515, Long coat with two-piece double-breasted fronts, four sides, a back, decorated with wide strap, covering (in one piece) back and shoulder seams. Cut curved straps before cutting coat. Good model for chequered tweed, unlined but for collar and front facings. Added slipstitched revers and collar facings of silk. Two-piece sleeve is strapped. Bonaparte collar. Bind edges of seams and front facings. 54-inch material, 6 yards.

Beautiful Mid-Season Coat.

No. 8516, To match skirt, or as a separate **Page 5.** wrap. Good model for serge, closing diagonally with four large buttons. Pocket flaps decorated with buttons (wooden frames covered with velvet or coat material). Smart collar faced with velvet. Fronts are faced with the coat material. Roomy sleeve, with smart pointed cuff. Line with very thin silk, cut on coat pattern but seamed and pressed apart, edges slipstitched to turned coat edges and front facings. 48-inch serge, 3½ yards.

A Dainty Afternoon Dress.

No. 8517, Top of skirt is fitted, finished with **Page 6.** a full flounce. Good model for cashmere, trimmed with galon. The over-blouse is of the cashmere—a three-piece back and three-piece front, centre of front full, the fulness held by bands of galon. Over-blouse closes on left, beneath the galon, the velvet belt being hooked under a rosette on left front. Epaulette sleeve, edged with galon. Low neck is finished with velvet, bow in front. Wear over any lace blouse. 46-inch cashmere, 6½ yards.

For Descriptions of Nos. 8518 and 8519 see Page 6.

A Braided Coat and Skirt.

No. 8520, Five-gore cloth skirt, rather high-**Page 8.** waisted, the sides lapping over the tablier, edged with braid. Lovely coat of the

skirt material. The back of basque is circular, joined on to skirt back and long fronts with a braided seam. Edge fronts and basques with braid. Fine soutache embroiders corner of basque and collar. Decorate with velvet buttons. Two-piece sleeve, open at wrist, decorated with the wide braid and buttons. 48-inch material, 8 yards.



GIRL'S CROCHET BONNET.

For Description see page 12.

Tailor Gown with Braided Coat.

No. 8521, Looks well in shrunk fine grey **Page 9.** tweed. Five-gore skirt, short, cut smartly full at feet. Only stitched hem is lined. Smart coat, neatly fitted, but not tight, the waist rather short at back. Stiffen single-breasted fronts (closing with three buttons), and face with the tweed. Backs and fronts are smartly braided (grey or black silk braid). Face reefer collar with the tweed, adding slipstitched facing of grey or black velvet. Two-piece coat sleeve, finished with braid and a velvet band. Line with silk cut on coat pattern, but seamed apart. 52-inch tweed, 7 yards.

Tailor Gown of Striped Serge or Tweed.

No. 8522, Plain seven-gore umbrella skirt. **Page 9.** Seams braided. Decorate hem with braid, cloth, or metal buttons. Unlined, except for hem. Wear over a silk foundation skirt. Beautiful coat with two-piece fronts, front sides short, centres lapping over sides, decorated with buttons and false buttonholes. Edge coat with the wide braid. Lapped decorated seams at back. Metal buttons. Face fronts with the tweed. Close with one metal button. Face roll collar with the tweed. Two-piece sleeve, buttoned at wrist. Line with silk, cut on coat pattern, but seamed apart, edges slipstitched to stitched coat edges and front facing. 52-inch tweed, 7 yards.

A Princess Walking Dress.

No. 8523, Good style for serge. Top is a fitted **Page 10.** princess to hip, closing at back. Only front panel is full length. Sides and back are made up with a deep, full flounce. Trim with galon or braid and buttons covered with the serge. Long coat sleeve. Chemisette and band collar cut out of tucked silk. 48-inch serge, 7 yards.

Blouse of Voile, Silk Muslin, &c.

No. 8524, Two fronts and two backs, tucked **Page 10.** (tucks wheelmarked on pattern), and decorated with broderie insertion to match. These are arranged into a front panel (cut with yoke), and two back yokes of piece broderie. Cut away material beneath broderie. Band collar,

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ROBIN

The troubles of Ironing
are largely due to
inferior Starch causing
the Iron to stick.

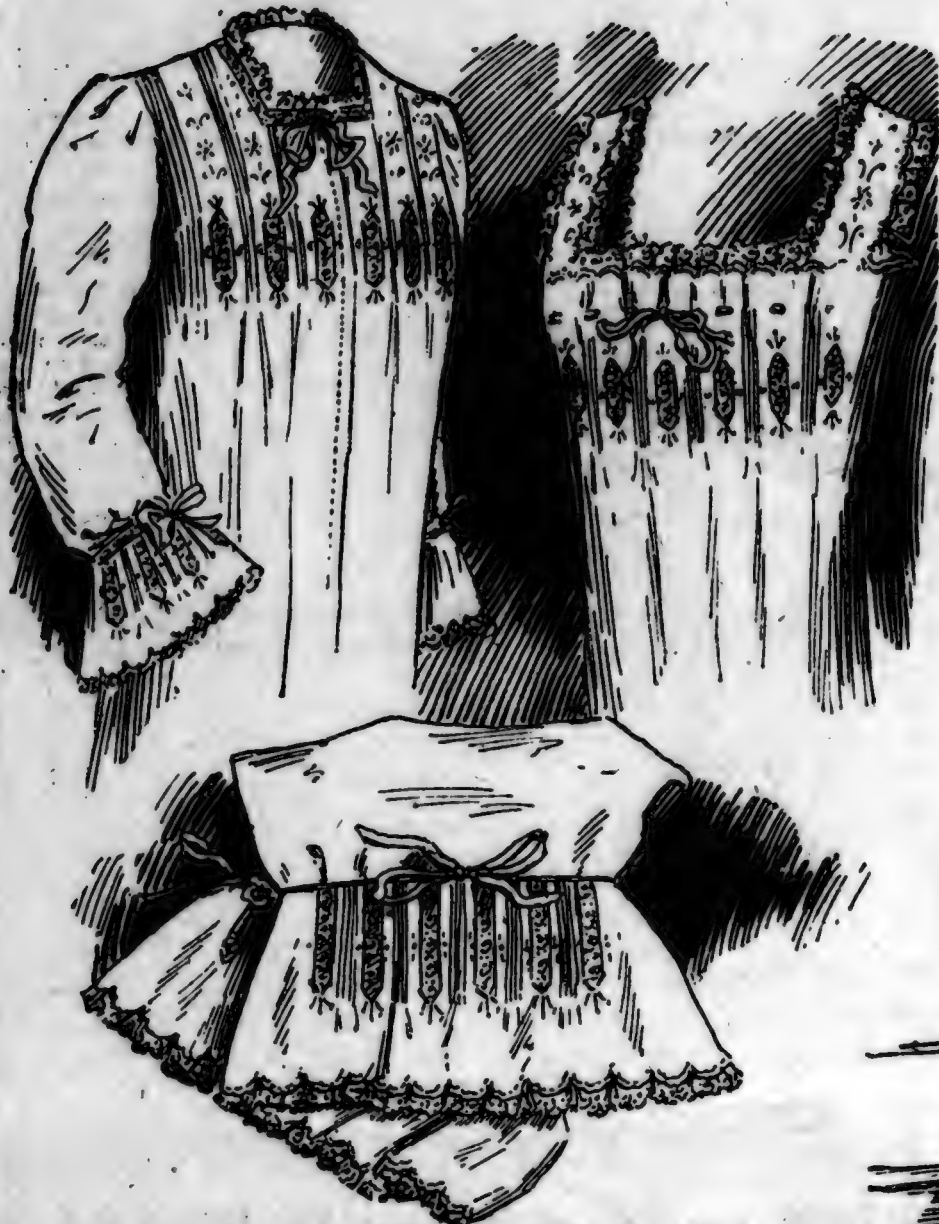
When ROBIN is used this
difficulty disappears.

Starch

No. 8576

No. 8578

No. 8579



No. 8577

**A Pretty Night-dress.**

No. 8576. Of silk veiling, &c. Bodice part is cut with skirt. Top is tucked, (tucks wheelmarked) to simulate a yoke, embroidered in stem stitch and decorated with Valenciennes. Slots are cut in yoke and worked to hold the satin ribbon, or beading can be used. Fasten down front, buttonholes made in an under-fold. One-piece sleeve gathered into ribbon-threaded beading, finished with a scalloped and worked frill. Double-width material, 6 yards. Valenciennes is sewn under worked scallops.

New French Drawers.

No. 8577. To match No. 8576. The two-piece drawers, cut much tighter in the leg than the usual models, are merely eased into a shaped frill. Valenciennes is laid under a scalloped edge. 42-inch material, 2 yards.

An Original Chemise.

No. 8578. To match Nos. 8576 and 8577. Front is tucked (tucks wheel-marked), and is decorated with lace and light embroidery. Embroidered shoulder straps. Slots are cut in the front, and a ribbon passed through. 42 inch material, 2 yards.

A Pretty Dressing Gown.

No. 8579. It is made of flannel, and consists of two fronts, two backs, a back centre panel, a front panel. Seams back and front are lapped. Sleeve is cut with fronts and backs. Trim with washing galon. Little chemisette of Valenciennes lined with silk. 81-inch flannel, 10 yards. Close on left.

SMART OUTFITTING FOR THE MID-SEASON.

For Descriptions see this page.

Price of Paper Patterns, Dressing Gown, 1s. 0½d.; the other models, each 6½d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.

supported on bones. Shirt-sleeve with tucked epaulet and wrist, decorated with broderie and a broderie cuff. 42-inch material, 1½ yards; 18-inch broderie, 2 yards.

A Cashmere Blouse.

No. 8525. Tucked back and two fronts, centre **Page 10.** box-pleat cut with right front. Trim with cashmere broderie to match or lace. Tucks and pleat are wheelmarked on pattern. Low neck with broderie collar. Vest and band collar made up of tucked silk and lace. Long sleeve with broderie cuff. 48-inch material, 2 yards.

Autumn Coat-and-Skirt of Serge.

No. 8526. Three-gore skirt, with very wide **Page 11.** tablier mounted with lapped seams. Serge buttons. Stitched hem. Smart coat with one-piece diagonally closing fronts, shaped with a lapped shoulder dart reaching pockets. There are four sides and a back. Back seams are also lapped and develop into pleats below the waist buttons. Line with striped silk. Face collar with serge. Coat can be worn open or closed to neck. Added pockets. Two-piece sleeve with cuff. 52-inch serge, 7 yards.

Smart Mid-Season Tailor Gown.

No. 8527. The new skirt—a fitted corselet **Page 11.** top finished with a pleated flounce (only front centre left plain). Stitch the hem. Pleats are wheelmarked on pattern. Coat has two two-piece fronts (joined in a very original and smart manner), four sides, one back. Front and back seams are lapped. Face collar with satin or moire. Line with white silk, cut on coat pattern, but seamed apart. 48-inch serge, 8 yards. For the serge send to the South Devon Serge and Blanket Warehouse, Teignmouth, Devon.

A Silk or Cashmere Tea-Gown.

No. 8528. Five-gore skirt, tucked into an **Page 12.** Empire bodice, which is nearly concealed by the tucked fichu, edged fillet lace. Skirt is inset above hem with fillet insertion. Tucks wheelmarked on skirt pattern. Belt drapery of satin ribbon, the long ends fringed. Tuck sleeve

to flat pattern and finish with fillet lace. 46-inch material, 7 yards.

A Home Dinner or Casino Gown.

No. 8529. Of mauve Oriental satin, a full **Page 13.** five-gore Empire skirt, decorated with lace insertion dyed to match. The lace rises to decorate the Empire bodice, which is prettily draped across a fitted lining, finished with a purple belt which passes under the lace straps. Cross draperies of spotted net and a lace panel



POLO HAT FOR A BOY OR GIRL.

For Descriptions see page 14.

fill in front and back. Ruffled sleeves, edged with lace. 44-inch satin, 8 yards.

An Art Tea or Lounge Gown.

No. 8530. Beautiful model for cashmere—a **Page 13.** back, two sides, a narrow left front, a double right front. Neck is rather low, cut square front and back, embroidered in cashmere tone and white silks. The embroidery continues down right front. Lower edge is hemmed. Close with hooks and worked silk loops. Art sleeve, pleated down the inner line (pleats wheelmarked), the long points tipped with a tassel. 46-inch cashmere, 8 yards.

A Princess Dress of Face Cloth.

No. 8531. Seven-piece princess dress—a high **Page 14.** corselet skirt mounted on a seven-piece silk bodice lining to which the foundation skirt is stitched. Close at back. Top of bodice lining is veiled with a lace yoke, bands of broderie, and a revers band of the cloth decorated with cloth buttons. Braided shoulder straps ending in braid tassels. Lace band collar. Two-piece sleeve, rather short, with little lace under sleeve. 48-inch cloth, 8 yards.

A Tweed Travelling Costume.

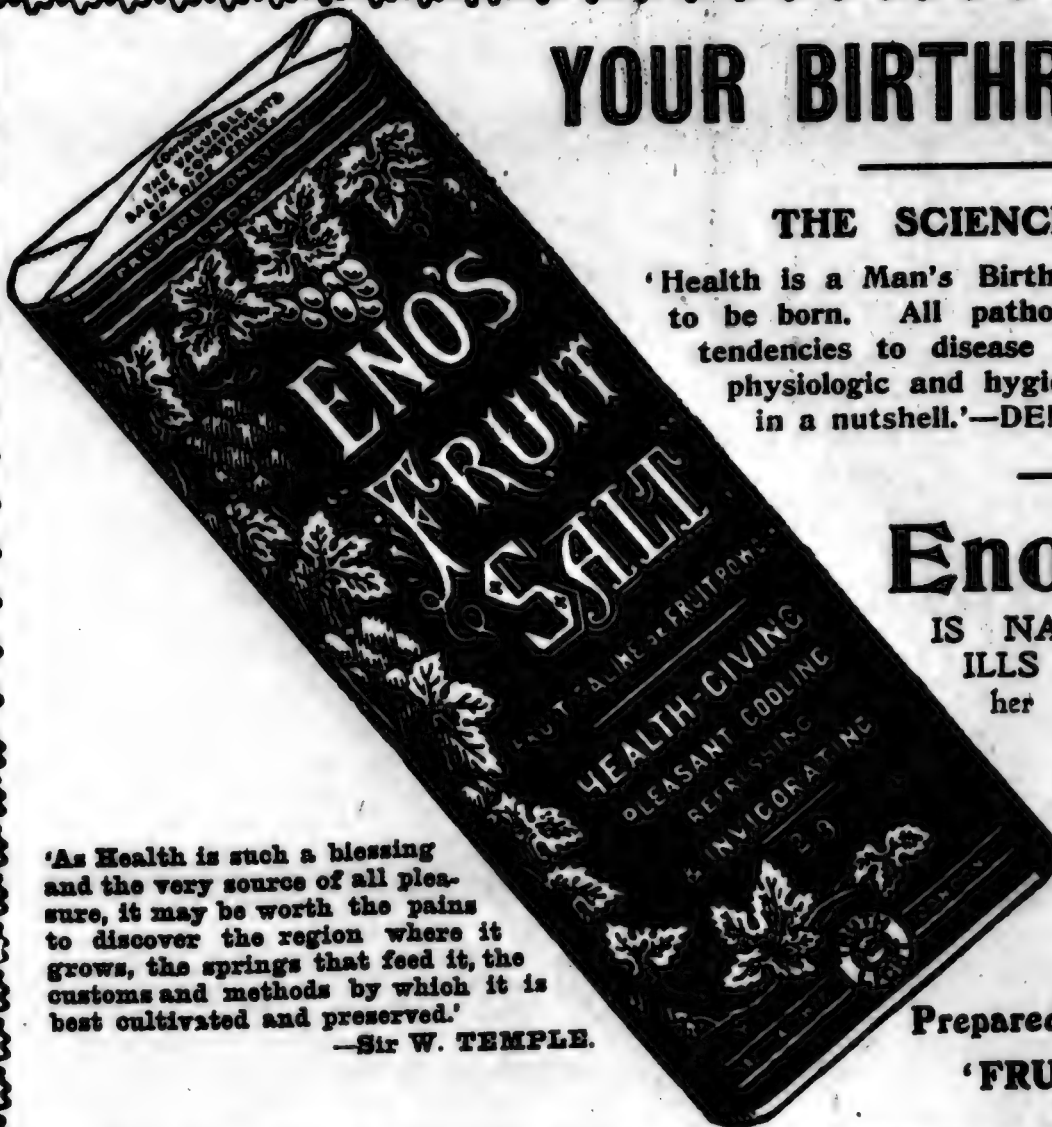
No. 8532. Smart five-gore skirt, tablier seam **Page 15.** developing into a pleat, trimmed with cloth buttons. Long coat, lapped seams back and front, with added pockets on left basque and breast, with flaps. Face fronts with tweed. Face reefer collar with velvet. Line with silk cut on coat pattern, but seamed apart. Two-piece sleeve. 52-inch tweed, 7 yards.

Tailor Design for Striped Tweed, Alpaca, Serge, &c.

No. 8533. Looks equally well in chequered **Page 15.** materials. Five-gore skirt cut on straight (see that stripes run straight down the centre of each breadth). Sides and backs are finished with a broad cross-cut band. Decorate wide tablier with cloth buttons matching darker stripe. Unlined. Hem the skirt. Mount at waist with a five-gore foundation skirt. Smart coat, with two-piece fronts, neatly fitted, but not tight. Seams back and front are lapped. Pocket slit on each side. Edge sides (to lapped seams) with a cross-cut band. Stiffen fronts and face with the material. Close with hooks and worked loops, and decorate with buttons. Two-piece coat-sleeve, with cross-cut cuff. Line with silk cut on coat pattern, but seamed apart. Wide reefer collar faced with the material. 48-inch material, 8 yards.

A Tucked and Embroidered Blouse.

No. 8534. Blouse is a very pretty one, to **Page 16.** match a skirt, tucked backs and double front (tucks wheelmarked on pattern).



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—SIR W. TEMPLE.

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The neck is out low, edged with embroidery like that down front centre. Blouse closes at back. Full vest and collar (tucked to pattern) of satin. The coat sleeve is tucked in groups to flat pattern, embroidered at shoulder and wrist. 48-inch material, 2 yards.

A Tucked Satin Blouse.

No. 8535, Two backs, two fronts, arranged Page 16, in two box-pleats (wheelmarked on pattern), separated by a band of filet lace. Front panel and two back panels are cut out of tuck satin. Tuck collar to flat pattern. Make up coat sleeve in diagonal bands of tuck satin and lace. 42-inch satin, 2½ yards.

An Early Autumn Tailor Gown.

No. 8536, For fine serge or cloth. Six-gore Page 16, skirt, the front seam strapped and

market on pattern. See that stripes run straight down centre of breadths. Smart coat to match—two fronts, a back, four sides. See that stripes run straight down front and back centres. Face revers with velvet, and close fronts with hooks and eyes edge to edge. Braid buttons. Wide reefer collar faced with velvet. Two-piece sleeve, with velvet cuff. Line with silk, cut on coat pattern, but seamed apart. 48-inch material, 8 yards.

A Beautiful Gown of Bengaline or Armure Silk.

No. 8538, Seven-gore skirt, the tablier wide, Page 17, the two nearest sides narrow. These narrow sides or panels are cut from broché to match. Seams of tablier and second

A Travelling or Motor Coat.

No. 8540, Smart double-breasted model of Page 18, tweed, with large added pockets; decorated with shaped straps. Two-piece sleeve. Face fronts with tweed; face reefer collar with velvet. Metal buttons. Coat is unlined, seams and tweed facing edges bound. 54-inch tweed, 6 yards.

Embroidered Cashmere Blouse.

No. 8541, Back and fronts are smartly Page 19, tucked, right front out with central box pleat; tucked shirt sleeve. Collar and cuffs are tucked and embroidered. Lace can be used instead of embroidery. 46-inch material, 2½ yards.

No. 8580



No. 8581



No. 8582



EARLY AUTUMN STYLES FOR THE SCHOOL-GIRL.

For Descriptions see Pages 31 to 36.

Price of Paper Patterns, Pleated Jumper or Long Coat, each 1s. 0½d.; Skirt, Coat, or Blouse, each 6½d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.

decorated with buttons. Elegant coat, strapped all round and up sides (front and back). Two-piece sleeve strapped across upper part and at wrist. Waistcoat of braided white cloth, with white cloth collar turning over strap at edge of coat neck. Smart model. 52-inch cloth, 7 yards.

A Striped Coat and Skirt for Early Autumn.

No. 8537, Five-gore pleated skirt, simply Page 17, hemmed. The pleats are wheel-

side lap over panel edged with velvet and decorated with velvet buttons and false buttonholes. Draped velvet belt. On a fitted bodice lining, closing on left of front centre, is arranged the pleated backs and fronts cut together. Front and back panel are cut out of tuck silk muslin. Over-sleeve is pleated to flat pattern, finished with a velvet-edged broché cuff, mounted on a lining, the lower part covered with tuck muslin (tuck muslin before cutting). Tucked muslin collar tucked to flat pattern, supported on bones. 22-inch silk, 18 yards; broché, 2½ yards.

A Shantung Coat and Skirt for Biarritz.

No. 8539, Seven-gore skirt, simply hemmed. Page 18, Long coat, braided with silk braid dyed to match. Roll collar of black satin. Shantung buttons, and false buttonholes. Close with hooks and worked loops. Two-piece sleeve. Lined with thin white silk. 42-inch Shantung, 9 yards.

A Tucked Canvas Blouse.

No. 8542, Tuck material before cutting Page 19, fronts, back and sleeve. Collar is tucked to flat pattern. Pretty frill edges right front, which is slightly double breasted. 42-inch material, 8 yards.

A Tucked Silk Blouse.

No. 8543, Pretty model, finely tucked, and Page 19, arranged in pleats, a back and two fronts. Smart shirt sleeve, with tucked panel. Collar and cuff are finely tucked. 22-inch material, 4½ yards. Looks very well in veiling.

A Striped Silk Blouse.

No. 8544, The pattern is in six pieces; half Page 19, the front yoke (cut with centre panel), one back yoke, one full back, one tucked front (the three deep tucks are wheelmarked on pattern), one sleeve, one cuff. Lay pattern pieces on 4 yards 22-inch silk, cutting

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yokes with stripes horizontal, fronts and backs on cross. Sleeves have stripes on straight, stripes of cuff being horizontal. Gather the two backs into the yoke, which is mounted with a lapped seam. The single notches show how the two ends of the back meet the yoke. A piping of velvet matching darker stripe can be introduced in seams. Tuck the two fronts. Mount on it the lapped yoke-panel. Here again the notch at arm shows where the lap comes. Pipe the seams. Stitch this down like the backs. Tack together finished fronts and backs. Try on. Stitch and fell seams. Hem the basque. Close with Newey's Imperial Spring Hooks and Newey Bars. Stitch on the striped collar band (horizontal stripes). Seam the sleeve, drawing in the lower part to fit the tucked cuff. The cuff should be wide enough to pass over the hand. Stitch in the sleeve and bind with a tape.

Smart Hats for the Mid-season.

Nos. 8545 to 8547, No. 8545. A good travelling hat of burnt straw, the new shape with brim well raised on the left. It is simply trimmed with wide velvet ribbon. **No. 8546.** Travelling hat of grey chip, draped with silk. Grey bird on left. **No. 8547.** Travelling hat of brown straw, with wide brim and a large crown. Shaded brown feather and strap, with bow of brown velvet.

Mid-Season Afternoon Gown.

No. 8548. Excellent model for soft, rich silk, **Page 21.** fine face cloth, glossy cashmere, &c. Seven-gore skirt. Only the French hem is lined (felled invisibly from the back). Over-blouse of the skirt material, crossed front and back, seamed on shoulder and under arm, with added kimona sleeve. Fasten overblouse on left, beneath the buckle. If silk or satin is used, belt is of same fabric. Wear over any day or semi-evening blouse. Model illustrated is of lace, lined chiffon, low-neck filled in with tucked and pleated chiffon (tuck and pleat material before cutting). Tuck collar to flat pattern. Blouse closes at back. New puff sleeve of lace, lined chiffon, finished with chiffon sleeve cut from tucked chiffon. Strap

and buckle at puff (to match over-blouse). 44-inch material, 6 yards.

A Princess Visiting or Reception Dress.

No. 8549. Seven-gore skirt of silk broché. **Page 21.** Only hem is lined. Princess over-dress—a sort of elegant coat—of fine face cloth, close fitting, boned, lined to hip. Double-breasted



BACK VIEW OF THE FREE BLOUSE AND YOE-SKIRT PATTERNS. (See page 25.)

fronts close diagonally with hooks and worked loops, the silk brandenburghs being for ornament only. Face edge all round with silk (over muslin), and trim with silk braid. The low neck is filled in with a yoke of broché and gathered white satin. Collar of gathered satin. Two-piece sleeve. Broché cuff. 22-inch broché, 9 yards; 52-inch cloth, 7 yards. Covered portion of skirt need not be of broché.

Pretty Style for Soft Silk or Cashmere.

No. 8550. The new skirt—fitted (three gores) **Page 22.** almost to knee, finished with a full flounce of the material, mounted beneath two shaped bands headed by a curl design in silk braid. Charming blouse—a full front and two backs. Mounted into a yoke cut from tucked white taffetas, cut square at neck, with a band collar, cut out of tucked material. Low neck is edged with velvet. Silk braid decorates sides, armhole, and bell sleeve. Full, long under-sleeve of the taffetas, with lace cuff, edged with lace. 22-inch taffetas, 8 yards; 46-inch cashmere, 6 yards.

Coat and Skirt of Shepherd's Plaid.

No. 8551. Five-gore skirt, unlined, decorated **Page 22.** with black silk braid. Smart coat with single-breasted fronts. There are four sides and a back. Face fronts with the material, and close with black satin buttons. Edge coat and revers with the braid. Line with white silk. The braid also decorates the two-piece sleeve. Reefer collar, faced with black satin. 48-inch material, 7 yards.

A Princess Dress of Serge, Coating, or Face Cloth.

No. 8552. Princess dress in six pieces, back **Page 22.** and front each in one piece. Close at back on left side with hooks and worked loops. Upper part is lined—a boned lining to hip. To this lining is stitched the five-gore foundation skirt. The front and back panels are decorated with several velvet buttons. Neck is cut low, braided, filled in with a little chemisette, cut out of tucked silk. Two-piece coat sleeve, braided,

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people*

Can quickly and with absolute safety subdue that very burdensome and dangerous disorder—Obesity, and regain a

GRACEFUL FIGURE,

comfort, attractiveness, and youthful appearance, by taking one or two of Dr. RITTER'S small tasteless Capsules, with meals (made from a specially purified, Concentrated Extract of Fucus-Vesiculosus and Marienbad Salts, neither relaxing nor constipating). Price 2/6 per bottle, or 5 for 10/6, post free.

Mistress ANNE PAGE says: "The quickest and safest Fat Reducer I know."

SPECIAL.—To make the bust firm and reduce size and flaccidity, apply Dr. Horn's "Pasta Reducer," guaranteed harmless, price 5/-, post free.

Dame DEBORAH PRIMROSE, in *Woman*, says: "I can confidently recommend this to you from personal knowledge of its efficiency and harmlessness."—Medical and Press opinions on application.

Above can only be obtained from—

Dr. O. E. HORN, D.Sc., 4, Bryanston Road, Talbot Park, Bournemouth. (Specialist for Hair and Skin disorders, from the Berlin Skin Hospital.)

decorated with buttons. Very useful mid-season model, very smart. 48-inch material, 7 yards.

Coat and Skirt of Striped Tweed.

No. 8553. Five-gore skirt cut on straight. **Page 23.** See that stripes run straight down centre of each breadth. Wear over a silk foundation skirt, mounted with skirt at top and opening only. Smart coat with open fronts, front and back centres on straight. Face fronts with silk. Coat closes only on the bust with two hooks and eyes. Brandenburgs of velvet and velvet buttons. New collar of velvet. Two-piece coat. Straight sleeve, with big cuff. Coat is lined with silk. 48-inch material, 7 yards. Waistcoat of velvet, from side seams, closing edge to edge with hooks and eyes. Pleated collar and jabot of muslin and lace.

Tailor Gown with beautiful Braided Coat.

No. 8554. Excellent model **Page 23.** for fine serge. Smart five-gore skirt, simply hemmed. Graceful semi-fitting coat of the serge, closing with three buttons. Seams front and back are braided on the shoulder. Braided front corners to basque, and loose two-piece sleeve is braided. Large collar, faced with the serge. Face fronts with the serge, and line coat with white silk. 48-inch serge, 8 yards.

"Medieval" Dress with Pleated Skirt.

No. 8555. Dress is a fitted **Page 23.** Princess almost to knee, and is braided all over. Neck is cut low, braided, and is filled in with a plastron and collar cut from tuck silk. A band of braiding hides junction with pleated flounce skirt (pleats wheelmarked on pattern). Two-piece long sleeve, braided at edge. Dress fastens at back. Only line Princess part. 48-inch material, 8 yards.

A Foulard Afternoon Gown.

No. 8556. Seven-gore trained **Page 26.** skirt, the tablier pleated (pleats wheelmarked on pattern). Skirt is simply hemmed. Very pretty blouse—a draped front and two backs, with deep yoke of folded white muslin and lace (folded to flat pattern). Fichu drapery of foulard, edged pleated muslin and lace. Tucked muslin collar, with broderie stock collar. Foulard sleeve, trimmed with lace and tucked muslin. 22-inch foulard, 8 yards.

Motoring or Travelling Coat.

No. 8557. Of chequered **Page 27.** tweed. Two backs and two double-breasted fronts, fronts faced with tweed. Large velvet buttons. New strap collar of velvet, closing with a single button or hooks and loops. Large two-piece sleeve, with velvet strap cuff. 52-inch tweed, 5 yards.

A Smart Blouse of Foulard.

No. 8558. A tucked and **Page 27.** box-pleated front and two pleated backs (pleats and tucks wheelmarked on pattern). Neck is cut low in front, filled in with a vest cut out of tucked material. Decorate with straps of lace. Tucked collar, tucked to flat pattern. Blouse closes at back. Shirt sleeve, tucked (tucks wheelmarked on pattern) and trimmed with lace. 22-inch material, 4 yards.

Coat and Skirt for Early Autumn.

No. 8559. Of Navy serge. Smart five-gore **Page 27.** skirt with pleated tablier, the

pleats held with mitred straps. Pleats are wheelmarked on pattern. Graceful semi-fitting coat, closing with three buttons. Seams front and back are lapped (lap given in pattern). Pocket flaps are decorated with the velvet buttons which decorate skirt and close coat. Roll collar faced with velvet. Two-piece sleeve with velvet cuff. Face fronts with the material, and line coat with white silk. 48-inch material, 7 yards.

Nos. 8583 & 8584

No. 8585



No. 8586

Nos. 8587 & 8588

No. 8589

PRETTY DETAILS OF DRESS.

For Description see pages 31 to 36.

Price of Paper Patterns, each 3d., post free, from MADAME MYRA, 10 and 11, Fetter Lane, E.C.

Dainty Foulard Blouse.

No. 8560. A tucked front and two tucked **Page 27.** backs, mounted into a yoke cut with long straps, yoke and straps lined and edged with velvet. Tucks are wheelmarked on pattern. Tucked one-piece shirt sleeve (tucks wheelmarked on pattern) with original cuff, cut with part of sleeve and edged with velvet. Velvet buttons. Linen collar, velvet tie. 22-inch foulard, 4 yards.

A Smart Braided Coat and Skirt.

No. 8581. Five-gore skirt, long, decorated **Page 27.** with vandykes of wide silk braid. Unlined. Mount at waist over a five-gore foundation skirt. Hem the skirt. Smart coat, neatly fitted, but not tight, the waist short at back. Stiffen fronts and face with the material. Close with one braid button and a tab cut with right front. Edge coat with braid. Two-piece coat sleeve, braided with the Soutache braid which decorates shoulders. Lined with striped silk cut on coat pattern, but seamed apart. 48-inch material, 8 yards.

A Silk or Velling Blouse.

No. 8582. A tucked back and two tucked **Page 27.** fronts. Tucks are wheelmarked on pattern. Central box-pleat is cut with right front. Scanty shirt sleeve, the cuff stitched. Peter Pan collar of broderie and lace. 29-inch material, 3½ yards.

A Good Travelling or Dust Wrap.

No. 8583. To be made of Shantung or alpaca, **Page 29.** to throw over travelling costume, &c. A back, two sides, and two fronts. Upper of two-piece sleeve rises to neck between back and front. Lapped seams. Wide pocket slit. Close with three buttons, or put false buttons and buttonholes (covered with Shantung) and close with hooks and worked loops. Bonaparte collar faced with black satin. 31-inch Shantung, 10 yards.

Winter Outfitting for a Girl of Seven.

Nos. 8564 to 8570. No. 8564 shows a simple night-dress of white **Page 30.** flannelette, prettily tucked and trimmed with woollen torchon. 31-inch flannelette, 3 yards. No. 8565 is a flannelette combination, feather-stitched and trimmed with woollen torchon. 31-inch material, 2 yards. No. 8566 is the chemise, with stitched yoke buttoned on shoulder, trimmed with Cash's hem-stitched frilling or the flannelette. No. 8567 drawers to match, buttoning at the side. 31-inch material, 1 yard. No. 8568, dressing gown of striped molleton, with roll collar and cuffs, trimmed with Cash's broad hem-stitched frilling. 36-inch material, 4 yards. Nos. 8569 and 8570, a bodice of flannel, closing at back, supplied with buttons on to which to button the embroidered flannel petticoat and the tucked and lace-trimmed white muslin petticoat.

Winter Outfitting for a Boy of five.

Nos. 8571 to 8575. No. 8571, flannel vest, **Page 30.** closing on left (½ yard). No. 8572, white flannel football shirt, with pocket. No. 8573, striped flannel day shirt. No. 8574, white flannel pants, the top lined, closing in front. No. 8575, sleeping suit (with back) of flannel or flannelette, closing in front, with back flap. Pocket in left breast. Legs are drawn up with runners.

(For Nos. 8576 to 8579 see page 32.)

Girl's Tweed Coat and Skirt.

No. 8580. Five-gore skirt, cut very circular **Page 34.** so as to flute handsomely at sides and back. Three-quarter coat closing with buttons, seams back and front lapped. Coat is lined and faced with silk. Strap over-collar of black velvet. 52-inch tweed for a girl of fourteen, 5½ yards.

Girl's Pleated Serge "Jumper."

No. 8581. Is very good model—a low-necked **Page 34.** sleeveless princess almost to knee, closing at back. This is finished with a pleated flounce, decorated at junction with a "Fisher-maid" drapery of the serge. Braid neck and armhole. Wear over any blouse. 44-inch serge, 5 yards.

Girl's Dust or Rain Coat.

No. 8582. Of sicilienne alpaca or coating. A **Page 34.** long sacque, with strap decorating back and fronts. Big added pockets are strapped. Large coat sleeves. Decorate with large alpaca buttons and alpaca "cord" loops. The coat closes with loops (sewn on left front) and big buttons. Smart model. Would make a nice evening wrap in face cloth. 48-inch material, 5 yards.

I have taken your journal for seven years, and find it very useful.—L. Bradbury, 33, Gladstone Avenue W. G. N.

Pretty Details of Dress.

Nos. 8583 to 8589, Nos. 8583 and 8588.
Page 36. New velvet neckties.
 No. 8584. A tucked blouse (cut tucked material from flat pattern) of satin or silk, for a corselet skirt, decorated with passementerie. No. 8585. A passementerie stole decoration, fringed. No. 8586. A chiffon ruffle held by velvet ribbon, to decorate a bodice. Roses and long velvet ends in front. No. 8587. A broché opera bag. No. 8589. A useful cloth bag, gathered on cane circles, bound round with ribbon, to hang on the arm.

A Pretty Theatre Blouse.

No. 8590. A full satin blouse—front and two **Page 37.** backs decorated with black jetted lace and shaped bands of white satin. Lace yoke. Sleeve is tucked (tuck material before cutting), decorated with lace. 42-inch white satin, 3 yards.

A Cashmere Blouse.

No. 8591. To match a skirt. Plain centre **Page 37.** panel, closes on left with hooks and worked loops. There is a similar panel at back. Sides are cut in kimono style—sleeve, cut with fronts and backs, ruffled up the shoulder seam. Peter Pan lace collar. Tucked under-sleeve of net. Satin belt. The buttons and false buttonholes are covered with the satin. 46-inch cashmere, 2 yards. The ruffled part could be of a second, lighter material, matching the panels in colour.

A Pretty Serge Tailor Gown.

No. 8592. The five-gore skirt has **Page 40.** sides and backs pleated (pleats wheelmarked on pattern). Tablier seams are lapped. Serge covered buttons. Smart coat, can be worn open or closed, closing with a single button. Edge is smartly strapped. Lapped seams back and front. Serge covered buttons. Two-piece coat sleeve. Face fronts with thick white silk. 48-inch serge, 7 yards.



No. 8590.—A PRETTY THEATRE BLOUSE.

For Descriptions see Pages 31 to 36.

Price of Paper Pattern, 6d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.



No. 8591.—A CASHMERE BLOUSE.

For Description see Pages 31 to 36.

Price of Paper Patterns, 6d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.

GRAPHOLOGY DELINEATIONS.

By EDITH O'SHEA.

All letters must be sent to "Graphologist," MYRA's JOURNAL OFFICE, 10 & 11, Fetter Lane, E.C.

- (1) To be delineated in these columns, specimens of handwriting must be received on or before the 25th of the month.
- (2) Delineations will be given free if inserted in these columns. Readers desiring detailed postal replies must forward six penny stamps and a stamped addressed envelope, but in either case the coupon cut from the current number must accompany every letter.
- (3) Letters must consist of not less than 100 words, copied matter and lined paper being inadmissible. The usual signature must always be given, but a nom de-plume is also required for printed replies.

PANSY.—I am glad MYRA's is so helpful to you, and know you will always find the patterns reliable. Will you, another time, send your advertisement for re-insertion direct to Madame Myra, to whom I have now handed it, as it is not in my department. Your writing shows you to have a good idea of form, which should be a great help to you in your work; you have also a certain amount of originality. You are restless by nature, and would be fond of travelling. Try and cultivate a stronger will and more resoluteness of character. You are honourable and candid, and have ambition.

NAOMI.—You have a very vivid imagination, which is sometimes apt to run to excess. Self-reliant, and a keen lover of beauty. Tidyness is not your strong point. Energetic and very active, you should cultivate repose. At present you are lacking in will-power and decision; learn to concentrate your energies on the one thing in hand. The signature shows tact, refinement, and sincerity.

WHY NOT.—You are very sincere and honourable in all your dealings, and have a clear and

sensible mind. You have energy and courage, two essentials for success in life, but you need to develop more force of character; unfortunately, this is the age of push. You are candid, truthful, and have a fair intuition. I judge that you would make a good accountant, and, as some of these posts are highly paid and have good pensions, they are certainly worth trying for.

HAND-EMBROIDERED ROBES AND BLOUSES.

Messrs. Murphy and Orr, Belfast, are selling off their beautiful hand-embroidered robes and blouses at an astonishingly low figure, and I, therefore, strongly urge my readers to get in a stock, not only for this year—if they are going to the Riviera or to Egypt for the autumn—but for use next year. One of the advantages of Murphy and Orr's beautiful robes and blouses is that they are *unmade*. The shaped skirt, the embroidered material for blouse, enables the purchaser to make them up in any style which may be prevalent next spring. I quite own it would be risky to purchase the stitched-up "princess" robes which have been done to death this



year, and which certainly could not be used nine months hence. The embroidery is lovely in design and execution at Messrs. Murphy and Orr's. I illustrate here a shaped skirt of fine white checked muslin, beautifully embroidered. The shaped skirt is unmade, and the embroidered material for the blouse can be made up into any style. The price is only 38s. A lovely hand-embroidered cambric robe (only 50s.) is worked with a delicate and very beautiful rose and shamrock design. All these robes and blouses can be made up as liked, but choice can be made from the (free) illustrated catalogue of the embroidered designs. I think this is an opportunity which should not be missed. No garment can be sent on approval, but, if not quite liked on purchase, the purchaser can exchange it or get her money back, as she prefers.

"Of all the ladies' papers that are published Myra is undoubtedly the very best."—M. H.



Health and



Beauty.

By MISTRESS ANNE PAGE.

All Letters to be addressed to Mistress Anne Page, "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

DINAH.—Eno's Fruit Salt is as good a specific as you can take, and it also makes a deliciously refreshing and cooling summer beverage. It is slightly aperient, and it will quite correct that distressing acidity of the stomach from which you suffer so acutely after every meal. You should live plainly, never eat the fat of meat, and be most moderate in the matter of butter, cream, pastry, and sweets. All chemists sell this Salt.

RUBY.—The Zenobia Sweet Pea Perfume, distilled at the Zenobia Laboratories, Loughborough (whose Manager will send you a sample of it free if you forward him a penny stamp to cover cost of postage), is one of the most uncommon and dainty that you can have this season. It is very refreshing, and true to its name, and you will find that its fragrance is lasting.

ELIZABETH.—As the sea-air has made your skin so rough and sore, do not wash it with water and soap for a week, but cleanse it with Oatine, of which you can get a free sample, with a well-illustrated book showing how to massage the face by writing for these to The Oatine Co., 136A, Denman Street, London, S.E., and saying you are a reader of MYRA'S JOURNAL. This cream, made from a part of the oat known to be beneficial to the skin, will perfectly cleanse the pores, and make your complexion fresh and fair. After patting and tapping it in wipe it all off with a fresh white towel, and you will be astonished to see on that towel how soiled your face was, and how well Oatine has "washed" it.

SABINA.—I am told that when doctors are judges in a beautiful baby competition the following is somewhat the method adopted for arriving at a just decision:—The little ones are first divided into two classes; (A) those that have been naturally fed by their mothers, and (B) those that, for any reason, have been reared on artificial foods. Next, they are subdivided according to age, all those of the same or nearly the same age being put into a class, so that a three-months old child does not get judged side by side with a six-months one. Then they give points for complexion (fresh, healthy, rosy, or the reverse), for firmness of flesh, perfection of outline, weight, height, number and regularity of teeth, size and brightness of eyes, and set of ears. So you see on what lines to go in preparing your baby for the next competition. As her ears are slightly prominent I advise you to get from Mr. W. Lees Ray, 10E, Central Chambers, Liverpool, his patent Rubber Ear Caps (7s. 6d. post free) and to let the little one wear these according to the directions he will send you. In a short time you will find that the ears will lie flat naturally against her little head, and a great point of beauty will be regained.

TERESA.—Your hair is so very fine, and at present so abnormally greasy, that I do not wonder that you find it so difficult to dress it effectively, especially now when we appear to want at least twice as much hair as we did a few years ago. But you can make it healthy, and free from the oiliness, and then it will be fluffy and easy to do up, if you use the Parma Preparations which Mr. Mason (25, Bank Plain, Norwich) sends for 4s. 6d. complete in a case, with a little

brush for scalp-rubbing. These preparations will make your hair grow in length and thickness, at the same time that they are curing the ailment which causes you all the bother.

SEA BREEZE.—To cure the bloodshot appearance of your eyes, bathe them three times a day with a little of the following lotion in an equal quantity of boiling water. Dip a little piece of clean soft linen in the mixture, and apply it to the eyes while warm, throwing the head backwards so as to allow some drops to fall on the eyeballs:—Rj.: Zinci sulph., 4 grains; Tr. Lavand. 20 minims; Aq. Destillatæ ad. 4 ounces. Misce fiat colio. Modo dict. utend. Oculis. You should give up the practice of reading in bed, and try to get to sleep earlier.

CHIPS.—A hard nail brush is often the cause of agnails that are most painful and unsightly. You should use the Hygeia Hand and Nail Brush supplied for 2s. by the M-Highwater Laboratory Company, 1-118, Exchange Building, Southwark, London. This has the brush and its handle all made in one piece of pure, antiseptic rubber, and will last for years, and it will not only keep your nails clean and healthy, but it will, with soap and water, remove all soil and stains from your hands without roughening or in any way injuring the skin, as pumice stone and a common brush are so apt to do.

MISS M.—To get the yellowness out of your skin, take a course of Whelpton's Vegetable Purifying Pills, which will make your liver more active, assist your digestion, and purify your blood. In addition to this you should tap and pat into your face and neck every night a little of the skin food, "Khala," which is sold for 2s. and 3s. 6d. per jar at Messrs. Unwin and Albert's, 17, Regent Street, Waterloo Place, S.W., and at most of the principal stores. This nourishes the tissues and whitens the skin.

INFELICE.—Hair will soon grow again on your temples if you rub Hopgood's Nutritive Cream (sold in 1s. 6d. jars by all chemists) well into the parts that have become so bald, and keep up the treatment nightly during the next three months.

ISABEL.—To cure your face of those annoying acne pimples, wash your skin well every night, until the blemish has quite gone, with warm water and a liberal lather of Mason's Sulphur Soap (1s. 1d. per tablet, from Mr. Mason, 25, Bank Plain, Norwich), and, after you have quickly dried it, rub well into all the pimpled places some of the same Mr. Mason's Cream of Sulphur (2s. 9d.), and let this stay in contact with the skin all night. In the mornings wash again in warm water with the Sulphur Soap, and rinse in cold water to give more tone to the skin. You must take plenty of nourishment, and drink milk with a tablespoonful of lime water added to each glass of it, freely, but do not eat rich food, nor drink tea or alcoholic beverages of any kind.

PIMPERNELLA.—Perhaps you do not take sufficient walking exercise, and with your inherited tendency to stoutness you should walk for at least five miles briskly every day, with your head and shoulders held well, and your feet lifted rather high from the ground at each step. And all the time you are out you should breathe deeply, so that the

fresh air you take in may oxidise your blood, for this will also help you to retain or regain your figure. Have you seen a book called "Beauty of Figure," by Deborah Primrose? If not, I advise you to get it through your local bookseller; it costs 2s. 6d., and is published by Messrs. Wm. Heinemann, London. Among the seventy-two illustrations from photographs that it contains, there is one set showing how to walk properly. The right method of breathing is also taught, and there are exercises for those who are too stout, as well as for those whose figure is not sufficiently developed. The best reducing specific that you can take is Dr. Ritter's. This consists of very tiny, tasteless capsules, to be taken immediately before each meal, and a case of them is sent post free for 2s. 6d. by Dr. O. E. Horn, D.Sc., 4, Bryanstone Road, Talbot Park, Bournemouth. They are perfectly harmless and they reduce superfluous fat steadily, and with great benefit to health.

MA MAI.—Probably your little girl has caught the parasites from some other child at school; it is very tiresome and troublesome, but I do not advise you to shave off her hair, for you can cure it of the live things and their eggs, which seem glued to the hair, by shampooing twice a week for a fortnight, and then every week, with Nyto Shampoo Powder, which is sold by all chemists in 2d. packets. If you would rather send direct to the makers for some to try its effects, you should remit 3d. to the "Nyto" Company (Dept. M.J.), 2, Patterson Road, Nottingham, who will send you a generous sample if you say you are a reader of MYRA'S JOURNAL.

AGAPANTH.—With all confidence, because I have personally tested her work, I recommend you to send your box of combings to Miss E. Rose, 2, Blackburn Road, West Hampstead, N.W., to be made into a set of the beautiful Empire Puffs, which seem to be so necessary to the classic hair-dressing of this year. So many ladies like to feel that though they are wearing aiding hair it is not "false" hair but their very own, that Miss Rose is kept very busy all the year round, so the sooner you send the sooner you will get your curls. She only charges 1s. per ounce for making up the combings, and this is less than half what is ordinarily charged for such really good and thorough work as hers.

ONLY A GOVERNESS.—It is just because you are a governess, and have to earn your living in one of the most arduous and responsible yet worst-paid professions, that I am so glad to be of any help to you in the matter of your personal appearance. So to keep your hair glossy, and prevent it from becoming streaked with grey, as it is threatening to do, wash it at intervals of four weeks with a shampoo composed of the yolk of an egg, two tablespoonfuls of tincture of quillaia saponaria, and a heaped tablespoonful of borax beaten up in a quart of hot, soft water until it is quite frothy. Rub the whole of this mixture well into your head, then rinse in hot water with a little borax dissolved in it, and, lastly, in nearly cold soft water. Dry as rapidly as you can by an open window. Then, every night, make partings in all directions on your head, and with your finger-tip rub just a tiny bit of Mason's Petrolate of Sulphur (2s. 6d., from Mr. Mason, 25, Bank Plain, Norwich) well down into the skin of each, and let this stay in contact with the scalp all night—that is to say, do not brush nor comb your hair after you have rubbed in the Petrolate, but do it up into one loose plait until next morning, when you should brush it for five minutes from root-end to tip with a very clean hair-brush. This treatment will nourish your hair-roots, stimulate a nice growth of well-coloured hair, and arrest and prevent greyness and fading. Now let me have your other questions.

GERTIE.—I do not know that the anemia from which you are suffering is infectious, as from your description of your symptoms it appears to be the ordinary kind, to which so many students and girls in business are subject. As you have only just begun to notice the greyish-yellow pallor of your skin, and the darkness of your lips, and under your eyes, you can cure yourself by taking Dr. Hommel's Hæmatogen (any chemist can supply you with this), and if you take a tablespoonful of this immediately before your two principal meals every day you will soon recover your good looks, and your health and buoyancy.

"I have taught myself dressmaking from your very valuable paper."—A. R. W.

A BEAUTIFUL FIGURE



Great offer to test a new method by which you can obtain a perfect figure.

Write to-day for treatment. Ladies need no longer lack proper development of the bust and figure.

At last there has been introduced an entirely new method by which you can in a short time make such an improvement in your appearance as (unless one knew what it has done, and is doing, and will do for you) would seem hardly credible.

If you are flat chested or thin in any part of the body you can obtain a well proportioned figure—a well-developed bust—without any trouble, inconvenience, physical exercise, or any apparatus, appliances, etc. All you have to do can be done in the privacy of your own home at a very small expense.

Write for free book and treatment, which will be sent by return absolutely free. The book will prove conclusively how easy it is to gain perfect health, strengthen the nerves, obtain a beautiful complexion and a queenly figure, by a natural hygienic method.

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Write to-day for Book containing valuable information and free treatment. Do not hesitate; it is yours for asking. All correspondence treated as strictly confidential and opened by me. Write to-day enclosing stamp to pay postage to:—

Madam J. W. Temple,
The Temple Association (Dept. 162),
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JAPPO Trial Bottle 6d. Post free, 7d.

The best One-Liquid Preparation in the Market. **RESTORES** Absolutely non-injurious. Can be obtained in 12 different shades.

GREY HAIR to its original colour. Send P.O. 7d. with Shade of Hair.
THE TEINTURE SYNDICATE, LTD.,
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Larger Sizes at 2/2 and 3/9 post free

YOU cannot have a good, clear complexion if your blood is impure. Blisters, Spots, Pimples, Blackheads, and Sores of all kinds can be removed by taking

CLARKE'S BLOOD MIXTURE

The World-Famed Blood Purifier.

This famous medicine will also cure all Skin and Blood Diseases, such as Eczema, Scrofula, Scurvy, Ulcerated Sores, &c. Thousands of unsolicited testimonials have been received from all parts.

As it is pleasant to the taste, and warranted free from anything injurious to the most delicate constitution of either sex, from infancy to old age, the Proprietors solicit sufferers to give it a trial to test its value. Clarke's Blood Mixture is sold by all Chemists throughout the world. Price 2s. 9d. and 11s. per bottle.

Beware of Worthless Imitations or Substitutes.

2/- INSURES YOUR COMPLEXION.

Dr. HARLAN'S BEAUTY-CUP MASSAGE

For the Face, Neck, Arms and Body.

"No woman who owns this wonderful little Cup need have any fear of wrinkles or blackheads."

The simplicity of this scientific system of self-applied massage, and the speed with which it clears the complexion, are almost beyond belief. A single soothing application of the little Beauty-Cup produces remarkable results. Blackheads in many cases are banished in sixty seconds. It pumps impurities out of the blood by atmospheric pressure, rounds out the cheeks, arms and neck, and pumps the waste places in the body with wonderful rapidity. Acts directly on the circulation and feeds fresh pure blood to the tissues, making the flesh firm and fair, and the skin soft and satiny. Dr. Harlan's Beauty-Cup sent in plain wrapper—with FREE Book, "Beauty and Health" "Secrets of Priceless Value"—to any address for 2/1 P.O. (abroad 2/6 M.O.). Call or write—**25, HIGHWATER HYGIENIC INST., 1-117, Exchange Bldg., Southwark St., London. Agents Wanted.**



HOPGOOD'S Nutritive and Sedative HAIR CREAM.

For Restoring, Cleansing, Beautifying, and Promoting its Growth. Recommended by Eminent Physicians. 60 years' universal success. Of all Chemists, &c., 1/6 to 5/-.

LADIES. LADIES.

MRS. STAFFORD-BROOKES, the Eminent Lady Specialist, has much pleasure in announcing that her REMEDY for restoring health WITHOUT MEDICINE is the only positive, safe, certain, and speedy one known. It acts almost immediately, and does not interfere with household duties. I guarantee every case.

Send at once stamped addressed envelope for full particulars and most convincing testimonials (Guaranteed Genuine under a penalty of £1,000) to Mrs. STAFFORD-BROOKES (25 Dept.), Ardgowan Road, Catford, London.

The Original SCOTCH WHITE WINCEY. Also in colours, checks, and stripes. The ideal fabric for Babies and Children's Dresses, Blouses, etc. Cozy and warm.
FOR BABY.
Washes Perfectly, Retaining its Colour.
11d. to 4/6 per yard. Everlasting Wear. Positively unshrinkable. 22in. 12in. wide. Patterns post free.
JAS. SPENCE & CO., GLASGOW (late Dundee).

When ordering Articles Advertised, Please mention "Myra's Journal."

A BOON TO DRESSMAKERS. The Dressmakers' Chart,

with which you can cut a Perfectly Fitting Bodice, Corsets, or Coat, in a few minutes. Post Free, 1s. 6d.; with instructions and diagrams, 8s. Agents and Teachers wanted.

Apply M. DOBSON, Principal School of Dress-making, 35, Huskisson Street, Liverpool.

FOR MORE THAN TWENTY YEARS **DR. DAVIS'S FAMOUS PILLS** have been universally admitted to be a boon. They are the best-known remedy for Anæmia, Giddiness, Loss of Appetite, Hysteria, Debility, Depression, Weakness, &c. Boxes, 9d., 1/4, 2/9, 4/6, and 11/- To be obtained from Chemists and Patent Medicine Vendors everywhere, or direct from the Proprietor, 309, Portobello Road, Notting Hill, W. Send for free sample and invaluable booklet.

Oatine

The Real Beautifier.

If you want to preserve the softness, the elasticity, the bloom of your skin, you should use **OATINE**. **OATINE** is made from the pure healing oils extracted from the finest Oats—and YOU KNOW the value of Oats for your skin.

Washing with Oatmeal water was the old habit of preserving the complexion. Washing with **OATINE** is the habit now.

OATINE is better—more efficient—more active. It gets down into the pores and removes the dust and dirt which soap and water cannot touch. It contains no chemicals or animal fats, and will never turn bad. **OATINE** is invaluable for Sunburn.

A FREE SAMPLE OF Oatine FACE CREAM

will be sent to all applicants, together with a copy of our book, "BEAUTY HINTS"; or send 3d. for a box containing samples of eight different preparations.

THE OATINE CO.,
186, Denman St., London, S.E.

X MISTRESS ANNE PAGE says:— The Quickest and Safest

FAT-REDUCER

I know it **DR. BITTNER'S SPECIFIC**, in small tasteless Capsules, 2/6, post free, from **DR. O. R. HORN, 1, Bryanston Rd., Bournemouth**

X Med. and Analytical Reports on application. X

KEEP YOUR YOUTH

LOCKYER'S HAIR RESTORER · DARKENS GREY HAIR.

Of all Chemists & Stores 1/6 or Post free from J. PERRY & Co., Bedford Laboratory, London, S.E.

NOSES & EARS.

Noses.—The only patent Nose machines in the world. Improve ugly noses of all kinds. Scientific yet simple. Can be worn during sleep. Send stamped envelope for full particulars.

Bad Noses.—My long-established medically approved Treatment absolutely Cures Bad Noses. 3/6 post free. Foreign, 1/5 extra.

Ugly Ears.—My patent Rubber Ear Cups remedy ugly outstanding ears. Hundreds of successful cases. 7/6 post free. Foreign 1/5 ex.

W. LEE HAY, 102 Central Chambers, Liverpool.

KHALA

IS A CLEANSING EMOLLIENT OF EXQUISITE PURITY. **KHALA** prevents all redness, roughness, or chafing of the skin; by nourishing the tissues it gradually effaces all lines, and absolutely protects the complexion from the ill-effects of exposure to high winds, and extreme heat or cold. To ladies motoring, yachting, mountaineering, etc., it is simply a necessity. **KHALA** is not a cosmetic; based on the formula of a great physician it contains neither lard nor glycerine and cannot injure the skin of the tenderest babe.

Price 2s. and 3s. 6d. "Baba" Brand (unscented) for Nursery use, in large jars, 4s. From the **ARMY & NAVY STORES**, London, Calcutta and Bombay; **HARROD'S**, **WHITELEY'S**, and all first-rate Stores and Chemists. Wholesale: **MAY, ROBERTS and CO.**

A HEALTHY COMPLEXION

Can only be secured by a healthy state of body.

Indigestion, Anæmia, Liver Troubles cause ugly blotches and pimples.

WHELPTON'S VEGETABLE PURIFYING PILLS

Stimulate the digestive organs, rouse the liver, purify the blood, and give renewed vigour, bringing the colour of health and a clear complexion.

See that you get **WHELPTON'S**, and do not accept anything "just as good."

9158

Personal Appearance.

HOW TO MAKE IT MORE ATTRACTIVE.

BY MISTRESS ANNE PAGE.

A CLEAN FACE.

THOSE of our readers who have availed themselves of the kind offer of Mr. Mason, of 25, Bank Plain, Norwich, and obtained, free of charge, his excellent and well-illustrated book, entitled, "Face Massage and the Care of the Complexion," will have learned with surprise that the usual way of washing the face is rarely sufficient properly to cleanse the skin and its pores, and that only when it is done with the lathered hands, and these follow certain movements, and exert different degrees of pressure at various points, does the skin have any chance of becoming passably clean. The book is interesting and instructive from first to last, and therefore well worth getting and reading.

Much impurity is carried from within the body through its glandular structures to the pores or mouths of the glands, and when the skin is in perfect health and condition these deposit their burdens on its surface continually, day and night, to be removed each time we wash ourselves. But if the washing is not properly done the pores become clogged, and very soon greasiness, blackheads, acne pimples, whiteheads, &c., appear, and the clear beauty of the complexion is ruined, at all events for the time being. The movements of the fingers, as we are taught by Mr. Mason to use them in washing the face, assist the action of the pores in giving up all their obstructions, and the final process carries them entirely away.

This last step is one seldom practised by the average woman who washes her face in the old-fashioned way; but Society women who go to beauty-culturists for regular treatment to preserve the youth and beauty of their complexion, know that the washing with water and soap or a sachet is only part of the business of true purification, and that after the face has been dried with a soft towel it must again be "washed" with a suitable "cream."

For those who have been in the habit of using hard water, or who, by reason of indulgence in much out-door sport, or in consequence of residence in tropical climates have very dry skin, the above Mr. Mason's Crème Suprême (2s. 9d. post free) is one of the most cleansing, soothing, softening, and beautifying that can be employed daily to promote purity, smoothness, and the freshness of youth in the complexion.

Those whose skin is not very dry, and who object to a skin-food and tissue building cream, such as Crème Suprême is, will like the same Mr. Mason's Cydonia (also 2s. 9d. from the same place), in which there is not a particle of grease or oil, yet which is so soothing and cleansing that it is largely used by English ladies when they travel or live in skin-drying climates, such as are met with in some parts of Switzerland, Italy, Jamaica, Egypt, South Africa, &c., instead of soap and water daily, and not



No. 8592.—A PRETTY SERGE TAILOR GOWN.

For Description see page 37.

Prices of Paper Pattern, Pleated Skirt, 1s. 0d.; Coat, 6d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.

only as an accessory. For the faces of those who have any tendency to eczema this Cydonia Cream should invariably be used in place altogether of water and soap, and it will heal, as well as cleanse and cool, the irritable skin.

After this second process the face must again be wiped with a soft towel, and now it will be absolutely clean, and much fresher and fairer than it ever is or can be when only the old-fashioned washing is the one given to it regularly. This method of

treatment will improve the colour and texture of the skin, and besides clearing away microscopic impurities, will make the complexion fine and smooth, and keep it free from wrinkles and other blemishes.

Results of the Prize Competition.

NOTE.—All recipes and hints intended for competition must be sent to Mrs. Hope, 10 and 11, Fetter Lane, E.C. They should not be included in envelopes containing queries for other departments, as that entails considerable delay.

Competitors are requested to write each hint or recipe on a separate sheet of paper and to write on one side of the paper only.

A coupon of the current number of MYRA is essential, and hints or recipes, however good, will not be considered unless accompanied by a coupon. L. HOPE.

PRIZE RECIPES.

A prize of 2s. 6d. has been awarded for each of the three following prize recipes:—

OATMEAL BISCUITS.—1½lb wholemeal, 1lb oatmeal, ½lb butter (or 6oz butter and 6oz lard), ½lb castor sugar, 3 dessert spoonfuls Borwick's baking powder, 3 eggs, and a little milk. Mix the oatmeal, powder, and sugar with the wholemeal, rub the butter in well, add the eggs and milk (very little of the latter), make into a stiff paste, roll out to about the eighth of an inch, cut to shape with a biscuit cutter, and bake to a light brown in a moderate oven. This quantity makes about 4lb. Average cost 4d. or 4½d. a pound.—A. LOUIS, Ulverstone, Moreton Road, South Croydon.

TO MAKE A GOOD CURRY is an easy thing if you know how to set about it, though complaints are numerous that an English curry is nothing but an indifferent stew! Prepare the meat and cut into dice, sprinkle over a large teaspoonful of salt. Then cut up 2 onions and fry them with a table-spoonful of butter till brown; add the meat to the onions and fry 10 minutes longer, then add 2 table-spoonfuls of good curry powder and 3 wineglasses of cold water. Stir well together and stew for 10 minutes. Add a desert spoonful of lemonjuice before serving with rice.—Mrs. S. L. SAVILE, Middle Chinnock, Crewkerne, Somerset.

DELICIOUS WAY OF USING COLD MEAT.—**TIMBALL OF MEAT.**—Boil 1lb spinach and pass it through a sieve. Put into a pan with a little butter, pepper, salt, a dash of grated nutmeg, and the yoke of an egg. Chop any kind of cold meat fine, season with pepper and salt and finely-chopped parsley. Make a sauce ½oz flour, ½oz butter, cooked together with ½ pint milk or stock. Stir in the mince. Grease a mould (or small cake tin), line it with the spinach about ½ an inch thick, like a case, pour in the mixture of mince and sauce, cover with greased paper, and steam or bake half an hour. Turn out on a flat dish, serve with thick gravy or tomato sauce, and garnish with hard boiled egg. It makes a pretty and attractive dish.—E. MACKENZIE, The Haven, Barton-on-Sea, New Milton, Hants.

GREEN GOOSEBERRY CHEESE.—Take the fruit, just before it turns colour, put it into a damp cloth and rub it well, then remove the ribs and stalks. Put the fruit into a stone jar, tie the jar down with a piece of paper, and place the jar in a moderate oven until the fruit is soft. Then rub the fruit through a coarse hair-sieve, and to every pint of pulp thus obtained allow ½lb of white sugar. Place the pulp and sugar together in a preserving pan, and boil the contents quickly till it jellies. Do not make it too solid. To avoid this, try a spoonful from time to time on a cold plate, and if it gets firm quickly, it will be sufficiently cooked. Place the cheese into previously warmed shallow jars or moulds, and when cold tie down and store in a dry cool place. This makes a very nice dessert sweet.—Miss T. JAMES, Silver Creek, Arundel Road, Brighton.

COMMENDED AND RECOMMENDED.

BAKED RHUBARB AND CUSTARD PUDDING.—This is a delicious way to cook rhubarb, and an

excellent dainty for children. Put ½ of pint of stewed rhubarb into a basin with half a pint of breadcrumbs, mix well together, add two well-beaten eggs, a pint of milk, 2ozs. sugar and a little nutmeg, mix again and pour into a buttered pie dish. Put into a moderate oven and bake until the surface is slightly browned. The cost is light; eggs 1½d., milk 1½d., rhubarb and sugar 1½d.—MIRFIELD.

When eggs are scarce, in making rissoles, fish cakes, &c., mix a thin batter and use it for binding the ingredients. When formed into shape, roll in the batter (instead of egg and breadcrumb) and fry in the usual way. This will be found an excellent and economical substitute.—Southsea.

NUT CHEESECAKES.—Mix 2oz of ground nuts (almonds, Brazils, walnuts, and filberts mixed and ground in a nut mill) with the beaten yolks of two eggs and a little cream, sweeten slightly, and pour into little tins lined with good short pastry, as for tartlets, and bake in a quick oven.—Tunbridge Wells.

A CHEAP WAY OF MAKING APRICOT JAM.—Get 1lb of dried apricots, well wash them and then soak them in three pints of water for 24 hours. Stew them in ordinary stew pan until quite soft, then add 3lb of white granulated sugar and a few almonds cut in halves. Boil slowly until scum rises, skim and take up. Put jam at once into warmed jars and cover up, and thus it will keep for years. (Three pints of water to 1lb of dried apricots will make 6lb of jam.)—WINDSOR.

THREE PRIZES, EACH 2s. 6d.,

ARE AWARDED FOR THE
FOUR BEST COOKERY RECIPES.

FOUR PRIZES, EACH 2s. 6d.,

ARE AWARDED FOR THE
BEST HOUSEHOLD HINTS.

HOUSEHOLD HINTS.

A prize of 2s. 6d. has been awarded for each of the four following hints:—

TO QUICKLY GET RID OF BLACK BEETLES.—This is the time of year when beetles again make appearance. Find out the nicks and crannies they emerge from, and pour in a little strong ammonia, or sprinkle about some powdered borax, which will quickly kill them. Then fill up the spaces with plaster of paris.—Miss NORMA MAURICE, c/o Mrs. L. Thomas, 40, Headingley Mount, Leeds.

TO KEEP YEAST IN HOT WEATHER.—Small quantities should be tightly packed down into an earthenware jar—a small jelly-pot, for instance. The jar containing the yeast should then be placed in a larger jar containing water, so that the yeast will be kept cool, and the whole covered with a piece of paper or loose-fitting cover, merely to exclude dust. Do not allow the yeast to become dry or crumbly. Moisten it slightly with pure cold water if it should get dry. Keep it in a cool place. It is best to use small quantities as quickly as possible.—Mrs. C. LEE, Cosy Hall, Sutton, co. Dublin.

MUSTARD PLASTER.—When mixing a mustard plaster, use the white of an egg instead of water, as this will prevent the skin blistering when the plaster is applied.—C. PAXTON, 2, Duke Street, Darlington.

PAPER PILLOWS.—At this season, when people like to sit in gardens and on the beach, &c., it is useful to have the above, which can be thrown away when finished with. Take a piece of any kind of print or calico and make into a bag of the required size. Fill it with paper torn in long strips, half an inch wide. Any paper will do, but

it must be torn in long narrow strips, so that it is in long curls. When the bag is full, but not too full, the end can be sewn up, it is then a soft, springy, and most comfortable cushion, which will last many weeks.—E. MACKENZIE, The Haven, Barton-on-Sea, New Milton, Hants.

COOKERY AND HOUSEHOLD HINTS PRIZES.

TO COMPETITORS.

So many competitors continue to apply to me for their prizes that I must ask all to be kind enough to read the rules regarding the same. My own duty begins and ends with judging the competitions. I have nothing whatever to do with sending the prizes, application for which is to be made to Messrs. Beeton and Company, Limited. (See Rules.)—LETITIA HOPE.

PRIZE COMPETITION

To provide our readers with interesting and original recipes for Cooking and Hints for the Household, we are offering:—

FOUR PRIZES, 2s. 6d. each,
for the Four Best Cooking Recipes, and

FOUR PRIZES, 2s. 6d. each,
for the Four Best Household Hints.

Competitors must send in their Recipes and Hints on or before September 15, addressed to "Mrs. Hope, Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

One or both the coupons below must be sent in with the Recipes or Hints.

COOKING RECIPES.

SEPTEMBER, 1909.

HOUSEHOLD HINTS.

SEPTEMBER, 1909.

Mrs. S. A. Allen's
World's
Hair Restorer.

Never Fails. Quickly changes gray hair to its natural colour.



It is not an experiment but has been in use for over sixty years throughout the civilised world. It is the best, and the best is always the cheapest.

Cut this advt. out and send it, with P.O. or stamps 4s. to 114, Southampton Row, London, and a FULL-SIZED LARGE BOTTLE will be sent CARRIAGE PAID anywhere in the United Kingdom OR.

"I am delighted with your journal and shall take it regularly. —H. P.

Correspondence.

RULES

1. To be answered on this page in the next number, letters must reach us not later than the 1st of the month.
2. Queries (except on "Dress" and "Health and Personal Attention") must be accompanied by sixpence and a stamped addressed envelope. No notice will be taken if sent without, if to be answered by post.
3. In urgent cases, or if crowded out, all "Dress" answers will be sent by post, for which no charge will be made. No postal reply can be ensured unless a stamped and addressed envelope be enclosed.
4. Queries to be answered by post must be limited to three.
5. It is absolutely necessary that every letter should contain real name and full address. The space for correspondence is so limited that a large number of answers have to be sent by post. This is especially the case with "Dress," which requires prompt and often private replies. Only questions of general interest are answered in this page. Whether letters are to be answered by post or in these columns, the Correspondence Coupon, cut from the current number, must be enclosed.

DRESS AND HAIR-DRESSING.

Letters to be addressed to Madame Myra, "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C. (Owing to pressure of space all Dress Answers have been forwarded by post.)

EMPLOYMENTS FOR LADIES.

Letters to be addressed to Miss Winifred Jones, "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C. Continued from Page 29.

ARTIFICIAL FLOWER MAKING (M. L.).—I hope you have been able to follow out my suggestions. The great thing, as I said, is to make something really novel—something on the lines of what I mentioned. Keep your eyes open and strive to improve on anything fresh that you may see. I am putting you on my Register, but I should be glad if you could give me a few more details.

ADDRESSES OF SOCIETIES (Elemby).—I omitted to mention that it would be necessary to get the particulars from each society individually, as each has its own rules and regulations.

MILLINER (Madame Le F.).—I am putting a notice for you in my Register, which is what I gather from your letter you wish me to do. You are evidently well qualified for your work, and as you say it is not easy to get renovations and remodelling done. Do I understand that you charge 2s. 6d. for each of these things, or is it 2s. 6d. for remodelling and trimming also. I presume the trimmings must be bought from you, or do you use up trimmings bought by the customer? Perhaps you would kindly enlighten me on these points? Letters containing notices for insertion on the last page of MYRA must be sent direct to the Editor.

FINE LINGERIE (M. M. B.).—I think you are extremely wise, for I learn, on unimpeachable authority, that this is an occupation where the demand for fine work exceeds the supply. As I told you, you should aim at the very best, and for that reason I advise you to get some lessons on the subject. Having become a skilled worker, you will have little difficulty in obtaining orders; at least, that has been the experience of all the fine workers I have consulted. I am putting a notice in for you in case you have not succeeded in obtaining the necessary instruction.

ADDRESS WANTED (Mrs. W.).—I can give you several addresses of the kind of workers that you require if you will fulfil our simple rules, and send six stamps and a stamped envelope for the reply.

DRESSMAKER WANTED (Mrs. H.).—I sent you the names and addresses of several, and I should be glad to know whom you employed and your opinion of her work. It is an assistance to know an employer's opinion, and it helps me materially in recommending a worker. Moreover, when the latter has given satisfaction, it is only fair that she should reap the reward.

RENOVATIONS, &C. (E. S.).—I am glad to hear that your eyes are getting better; you must be careful not to overstrain them. I sent a letter on to you recently; I hope it meant work that you could undertake. You did not send your notice for re-insertion—merely the coupon and the number. What does that mean?

SMOCKING, &C. (E.).—I hope you will recognise this. I think there is a very good market for children's things, and best of all for lingerie. Have you a great predilection for the former, because, if not, I advise you to take up the latter seriously. For one thing (though it is an advantage to be in London) it is not essential to reside in any particular locality, and a good worker will always be able to command work. But she must be really first-class. Nothing else is any use. I am so glad you like MYRA so much, and find it so useful. You should let your friends know this,

for the wider our circulation the greater our sphere of influence. May I utter a word of warning? You are evidently one of the unselfish sort which spend their all for others. Now, do remember your own future, and provide for that. Brothers and sisters are apt to grow up and go out into the world and forget, and then your day will be past. I do not like to think of the unselfish people I have met and know, who have given only too willingly of their all, and then have left nothing for themselves. I admire your generosity, but I also counsel prudence and foresight. Let me hear what you do, and how you get on. I am putting you on my Register.

DIFFICULTIES IN THE WAY (D. F.).—What I said to "E" applies to you also. There are a good many parents in this world who never give their daughters any chances, and who then marvel that they do not marry. As you truly say, "the past is past"—irrevocably, and you are wise to face the future. I certainly advise you to use the sum at your command on training. It will give you but a few pounds a year in an ordinary investment, but as a means of training it should yield a hundred per cent. With your sincere affection for children, and your evident skill in dealing with them, I think you can hardly do better than become a nurse. This is one of the occupations where the demand always exceeds the supply. Consequently, you can feel quite satisfied in taking up this work. I have personally inspected the Norland Institute, 10, Pembridge Square, W., which has practising nurseries at No 7 (these I have also seen), and this would suit you, I think. Rather nearer you is the Princess Christian Training College, Willington, Manchester; and the Liverpool Ladies' Sanitary Association, 8, Sandon Terrace, Liverpool. If you do not decide on one of these, I can give you other addresses. September is a good month to begin.

ADDRESS OF SOCIETY WANTED (Mrs. P.).—It is very good of you to wish to share your fortune with others. There are many societies glad of orders, including the fine needlework associations for Invalid and Crippled Women and Girls, 309, Fulham Road, S.W.; the Girls' Friendly Society, Albany Buildings, 39, Victoria Street, S.W. (which is a depot for the work of invalid members of the society); and the Goodwill Work Society, Newby Place, Poplar. Orders can be given at the Co-operative Institute, 118, Hart Street, Bloomsbury, W.C.

STORY-WRITING (F. E. K.).—Do not be discouraged. It is difficult, exceedingly difficult, to succeed at an art requiring talent, patience and perseverance, but if you have the genuine gift you will do so at last, I am sure. I can only advise you to persevere. Believe me, we all have to do that, and unless your work is up to a certain standard even influence will be of little avail. But do not think it is an art that does not require work. On nothing must you bestow more infinite pains. Before sending out any story, study carefully the style of paper to which you are sending it. What suits one magazine most certainly does not suit another. Then, again, your story may come in at an unsuitable time, and it may be rejected on that score. It is not easy to make headway nowadays; some of our finest writers have an audience few—though fit. What your friend says is quite true. But, after all, if the public wants a certain kind of work the wise fit their abilities to the public's demand. The writer's position is much that of a tradesman, who, if he does not stock what the public want to buy, will soon find himself in the Bankruptcy Court. I wish you good luck.

FUR REPAIRS, RENOVATIONS (A. P.).—I am sorry to hear you have so few orders, but I do not

think you have kept your notice in very regularly. At this time of year I think you should do well with your fur repairs. It is unfortunate, though, that you should live in such a remote spot. People seem chary of entrusting their orders to anyone far away. I think, if I were you, I should work hard at your lingerie making. There seems a steady and increasing demand for really fine work of this kind, and for that it really does not matter where you live.

ADDRESSES OF WORK SOCIETIES (M. C.).—I sent you several addresses, which I hope were of use.

CHANGE OF WORK (J. G.).—What a remarkably good hand you write! I certainly think you are wise to change your occupation, which evidently does not suit you. I think you were well advised to write to the laundry I mentioned in my reply. There seems to be a great demand for female labour in Australia, though perhaps not, as you say, for ladies' maids. Are you good at dress or blouse making? for it seems to me that there is a distinct opening for that kind of work at all times, if it is really good, and as you have been a ladies' maid you must have some knowledge of it. Go into the matter very thoroughly before coming to any decision. There is money to be made in laundry work, undeniably, but you need to be really well trained. I do not think you could possibly get a real insight into the work under three months, or six would probably be better.

MILLINERY (Leula K.).—All you say is quite true, and you evidently have a real taste for millinery. In addition to the practical experience that you have already gained, I think three months in Paris, if you could manage it, might be useful. Your friend has evidently found her true occupation, and as she has already such a good blouse business, and is willing to join in the expenses of a shop, you should do well. I think perhaps some rising seaside or inland resort would be best. Rents are so high in London and competition so tremendous, whereas good taste, new ideas, and reasonable prices are soon recognised in less busy places. To begin with, at any rate, do renovations, remodelling, &c. When your connection is established you will be able to dispense with such aids.

(Some Answers are unavoidably held over.)

COUPONS.

Correspondents seeking advice on "Dress," "Health and Beauty," "Employments," &c., must enclose in their letters one or more (according to queries) of the following coupons cut from the current number:—

EMPLOYMENTS.

SEPTEMBER, 1909.

DRESS AND HAIRDRESSING.

SEPTEMBER, 1909.

HEALTH AND BEAUTY.

SEPTEMBER, 1909.

GRAPHOLOGY.

SEPTEMBER, 1909.

ETIQUETTE.

SEPTEMBER, 1909.

COOKERY & HOUSE MANAGEMENT.

SEPTEMBER, 1909.

"Myra's Journal is the best fashion book one can buy and the Free Patterns are lovely."—M. Y. A.

OUR FREE BARGAIN COLUMNS.

Advertisements must reach the office of "Myra's Journal,"
10, Fetter Lane, London, before the 1st of each month.

RULES.

1. A PRIVATE ADVERTISEMENT OF TWELVE WORDS IS INSERTED FREE OF CHARGE. 3d. will be charged for every extra six words or portion of six words.

2. It is indispensable that the FREE BARGAIN COUPON should be cut from this paper and enclosed with each advertisement.

3. No responsibility is taken by us with regard to any sales or exchanges arranged, or to any remittances forwarded, nor can we interfere in any differences that may arise between parties to a bargain.

4. Payment of carriage for articles on sale or approval must be arranged between themselves by the parties.

5. THE REPLY TO A NUMBERED ADVERTISEMENT MUST BE CONTAINED IN A BLANK STAMPED ENVELOPE, WHICH MUST BE FASTENED, AND HAVE THE DISTINGUISHING NUMBER OF THE ADVERTISEMENT CLEARLY WRITTEN UPON THE TOP RIGHT HAND.

This reply (or any number of them) must be enclosed in another stamped envelope, directed to the Editor, Free Bargain Columns, MYRA'S JOURNAL, 10 and 11, Fetter Lane, E.C., who will add the right name and address, and post it, and thus bring buyer and seller into communication.

Advertisements must reach the office of this paper before the 1st of the month preceding date of issue.

Free Bargains Coupon.

Myra's Journal, September, 1909.

DRESS AND MILLINERY.

Colonial Readers. — MILLINERY. BLOUSES bought and forwarded. References.—83, Sydenham Road, Sydenham.

BLOUSES made to measure free. Lawn from 3s.—83, Sydenham Road.

MILLINERY LESSONS; personal instruction; moderate terms; prospectus free.—W., 57, Upper Gloucester Place, Dorset Square, W.

Fashionable pale grey CLOTH COSTUME; just made; misfit, 36-26-39½. Bargain, 12s. 6d. Approval. m3751

SKIRTS, Navy or Black, to measure, 5s. 6d., —Pinchback, 53, Guildford Road, Greenwich.

MILLINERY, BLOUSES, SKIRTS, made or renovated; stylish; moderate.—Madame White, 299, King's Road, S.W.

MILLINERY.—Fur hats made from old furs.—Miss A. Blanch, 299, King's Road, Chelsea.

BLOUSE LENGTHS 10d., DRESS LENGTHS, 2s. 3d.—Latest designs. Save middleman's excessive profits; buy direct. Patterns free.—The Fancy Muslin Co., 19, Cannon Street, Manchester.

NEEDLEWORK, DRESSMAKERS, &c.

Millicent Wright, 45, Artesian Road, Westbourne Grove. — LADIES' MATERIALS. Terms moderate.

Mrs. F. van Bebbler, 22, Manchester Street, King's Cross. BLOUSE AND DRESS-MAKER. Material supplied. Ladies' own material made up. Any style at moderate prices.

DRESSMAKER, daily, town, country. Ladies' houses. Cut, fit, renovations.—Miss Woolcott, 109, Queen Street Buildings, Edgware Road, W.

DRESSMAKER, daily, or at home. Renovations, alterations. Blouses speciality.—Mrs. Goddard, 46, Cambridge Road, King Street, Hammersmith.

DRESSMAKER, experienced, daily or at home. References.—Miss Connery, 45, Kenwyn Road, Clapham, S.W.

LADIES' OWN MATERIAL made up at home. Moderate price.—Eugenie, 10, London Street, Paddington, W.

DRESSMAKER, terms 2s. daily.—Jessie Andrews, 42, Alma Square, St. John's Wood. Madame Léonie, PARISIENNE DRESS-MAKER, 120, Talbot Road, Bayswater. Ladies' materials. French styles.

DRESSMAKER, daily. Dresses, blouses, mantles, renovations.—Bates, 57, Ranelagh Road, South Belgravia, S.W.

Old-established DRESSMAKING BUSINESS will be handed over for price of fittings and trade plant, if sold quickly.—Letters only, to G., c/o Adams, 8a, Victoria Road, Brighton.

EXPERIENCED DRESSMAKER, ladies' and children's.—Miss Jacobs, 299, Old Ford Road, Bow.

LADIES' AND CHILDREN'S DRESS-MAKER. Renovations.—Miss Walwyn, 5, St. Ann's Road, Barnes.

NEEDLEWORK.—Children's dressmaker, bed-furniture, &c. Home or out.—157, Stroud Green Road.

EXPERIENCED DRESSMAKER, daily, or at home.—Mrs. England, 440, Edgware Road, W.

First-class DRESSMAKING, ladies' and children's.—M. Walker, 66, Natal Road, Streatham.

JEWELLERY.

Handsome gold-mounted AMETHYST NECKLACE, £5 10s., cost over double; other articles equally cheap.—Williams, 69, Ringmer Avenue, Fulham.

ANTIQUES, BOOKS, MUSIC, FOREIGN STAMPS, PHOTOGRAPHY, &c.

COOKERY BOOKS.—Six Recipes, approved by Letitia Hope, in M.S. Book with detachable, washable, embroidered linen cover. Work recommended by Blanche Fitzmaurice. Price 5s. Linen Envelopes for stray recipes, 3s.; Special Recipes, 1s. extra. "Mrs. Glasse," c/o Miss Sterling, 14, Bartholomew Road, Kentish Town, London, N.W. Cash with order.

MUSIC neatly and strongly bound in limp covers, 9d. to 1s. m3731

EXCHANGE POSTCARD. Exterior English churches only wanted.—Brooks, 6, Norwich Street, Cambridge.

STAMPS EXCHANGED.—Miss Stanford, 11, St. George's Square, Forest Gate, Essex, England.

MISCELLANEOUS.

Lady sends PRESCRIPTION, absolute cure for constipation, adults or children; no drugs. P.O. 2s. m3752

Buckinghamshire PILLOW LACE.—Handsome tea borders, collars, cuffs, &c.—Mrs. Phillips, High Street, Newport Pagnell, Bucks.

Ladies' grey or falling HAIR QUICKLY RESTORED (not dyed), 1s. 6d. per sitting. Strictest privacy. Highly recommended by MYRA'S JOURNAL readers.—Miss Warrington, 169a, Latchmere Road, Clapham Junction. First floor bell.

LADIES' COMBINGS mounted into tails, 1s. per oz.; puffs, frames, fringes, &c.—Miss Rose, 2, Blackburn Road, Hampstead.

BREATHING, PHYSICAL EXERCISES, VOICE PRODUCTION, ELOCUTION, taught by trained, certificated, experienced teacher. m3745

BE YOUR OWN BEAUTY DOCTOR by using La Gloria, the wonderful skin food and tonic. It is Nature's own remedy for beautifying the complexion and gives the charm, bloom, and suppleness of maidenhood. By its use wrinkles are eradicated, and pimples, blotches, sallowness and flabbiness disappear. One month's treatment, post free, 2s. 6d.—Dacre and Co., 187, Hampstead Road, London, N.W.

WHITSTABLE OYSTERS, 25 in bag, 3s.—Bowden, 35, High Street, Herne Bay.

Sow now. PANSY SEED. Packet very best and instructions how to grow giant flowers, P.O. 6d.—Dennis, Outlanes, Stone.

KNITTED HOSIERY REFOOTED, 9d., post free.—Hosiery, 4, Oldham's Terrace, Acton, W.

HELEN TROY'S CREAM for long silky eyelashes and brows. 1s. 3d. by post.—Troy, 180, High Street, Notting Hill Gate, W.

Half-guinea OPERA GLASS, 5s. 3d. post free. Approval.—Truro, Longford Road, Bognor.

Hand-made NET HAMMOCKS, all prices.—Bowden, 35, High Street, Herne Bay.

DRESSMAKERS.

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DRESSMAKERS' COUPON.
SEPTEMBER, 1909.

LATEST TIME for ADVERTISEMENTS 1st of EACH MONTH.

DRESSMAKING AT LADIES' HOUSES—

Miss J. Andrews, 42, Alma Square, St. John's Wood, N.W.
Miss L. C. Andrews, 28, Kelvin Road, Highbury, N.
Miss E. Baker, 4, Chapel Street, Forest Gate.
Miss Bates, 57, Ranelagh Road, South Belgravia, S.W.
Mrs. Burnay, 8, Lower Market Street, Hove, Sussex.
Miss Claydon, 243, King's Road, Chelsea, S.W.
Miss Connery, 45, Kenwyn Road, Clapham, S.W.
Miss K. W. Dunkley, 42, Windsor Road, Ealing.
Mrs. England, 440, Edgware Road, W.
Mrs. Glover, 3, Redburn Street, Chelsea.
Miss Gregory, 52, Wiltshire Road, Brixton, S.W.
R. Harvey, Oxford House, 329, Goldhawk Road, W.
Miss H. E. Kelly, 48, Finborough Road, Redcliffe Gardens, S.W.
Mrs. Lucy Hughes, 196, Beresford Street, Walworth.
Miss Olga, 29, Mill Lane, West Hampstead.
Miss Pearl, 18, Bruce Road, South Norwood.
Miss Price, 24, Gordon Road, Kingston-on-Thames.
Miss Rees, 38, Nutford Place, Bryanston Square.
F. Ryan, 198, Walton Street, Chelsea, S.W.
Miss M. E. Sherlock, 124, Harbut Road, Clapham Junction, S.W.
Miss M. Smith, 3, Pakeman Street, Holloway, N.

LADIES' OWN MATERIALS MADE UP—

Miss Ambler, 14, Blomfield Street, Westbourne Square, Paddington, W.
Mrs. F. van Bebbler, 22, Manchester St., Argyle Sq., King's Cross, W.C.
Miss Clinch, 18, Barrow Hill Road, St. John's Wood.
M. Davies, 19, Jeddburgh Street, North Side, Clapham Common, S.W.
Mrs. Duggan, 103, Park Street, Greenheys, Manchester.
Miss Ellison, 97, Cathles Road, Balham Hill, S.W.
Miss E. Farbrother, The Owls, Gloucester Rd., Kingston Hill, S.W.
Miss Gavey, 36, Ambler Road, Finsbury Park, N.
Mrs. Goddard, 35, May Street, West Kensington.
Miss Hauxwell, 16, Portland Gardens, Harringay, N.
Mrs. E. Horner, 70, Barden Road, Tonbridge.
Miss Jacobs, 299, Old Ford Road, Bow, E.
Mrs. Jefferson, 2, Gladstone Street, Acomb, York.
Miss Maud Lee, 89, Warwick Street, Belgravia, S.W.
Misses Leftwich and Bush, 54, Blomfield Road, Maida Hill, W.
Madame Léonie, 120, Talbot Road, Bayswater, W.
Madam Marion, 83, Sydenham Road, Sydenham, S.E.
Mrs. A. Oakley and L. Freeland, 182, Sellincourt Road, Tooting, S.W.
E. Simeon, 1, George Street, Manchester Square, W.
Nellie Siegfried, 90, Dawes Road, Fulham, S.W.
Miss Spence, 65, Cumberland Street, Westminster, S.W.
Mrs. Wheeler, 13, St. John's Road, Stamford Hill, N.
Millicent Wright, 45, Artesian Road, Westbourne Grove, W.

LADIES' AND CHILDREN'S MILLINERY—

Mrs. Bailey, 31, Riley Road, Brighton.
Emilie, 185, Westbourne Grove, W.
Watson Lewis, 17, Edgware Road, Marble Arch, W.
Madam Marion, 83, Sydenham Road, Sydenham, S.E.
Miss M. Owen, 2, Legg Street, Chelmsford, Essex.
Miss A. White, 299, King's Road, Chelsea, S.W.
Miss Whitehouse, 57, Upper Gloucester Place, Dorset Square, W.

LADIES' SHIRTS—

Madame Maree, Aldbourne, R.S.O., Swindon, Wilts.
Mrs. C. Petty, 29, Alberta Street, Kennington Park Road, S.E.
Miss Ramage, 169a, Latchmere Road, Clapham Junction, S.W.

PILLOW LACE MAKER—

Mr. Hy. Armstrong, Stoke Goldington, Newport Pagnell, Bucks.
Miss Kent-Johnson, Sharnbrook, Beds.
Mrs. A. Stewart, 29, Markham Street, Chelsea, S.W.

CORSETIERE—

Miss Claydon, 243, King's Road, Chelsea.
Mme. Gardiner, 28, Sussex Place, Onslow Gardens, South Kensington.
Hélène, 1, Harley Street, Bridge Road, Battersea, S.W.
Miss B. Sargent, 21, St. James's Road, Hastings.
Madame Marie Steer, 189, Prince of Wales Rd., Haverstock Hill, N.W.

FURS RENOVATED—

Miss Annie Blanch, 299, King's Road, Chelsea, S.W.
Mrs. Lindfield, 17, Powis Road, Brighton.
Mrs. L. Palmer, 155, Hartfield Road, Wimbledon, S.W.
Mrs. Annie Roadknight, 24, Powis Square, Brighton.

All Coupons must be received by the 1st of each month preceding date of issue.

Correspondence.

RULES

1. To be answered on this page in the next number, letters must reach us not later than the 1st of the month.
2. Queries (except on "Dress" and "Health and Personal Attention") must be accompanied by sixpence and a stamped addressed envelope. No notice will be taken if sent without, if to be answered by post.
3. In urgent cases, or if crowded out, all "Dress" answers will be sent by post, for which no charge will be made. No postal reply can be ensured unless a stamped and addressed envelope be enclosed.
4. Queries to be answered by post must be limited to three.
5. It is absolutely necessary that every letter should contain real name and full address. The space for correspondence is so limited that a large number of answers have to be sent by post. This is especially the case with "Dress," which requires prompt and often private replies. Only questions of general interest are answered in this page. Whether letters are to be answered by post or in these columns, the Correspondence Coupon, cut from the current number, must be enclosed.

DRESS AND HAIR-DRESSING.

Letters to be addressed to Madame Myra, "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C. (Owing to pressure of space all Dress Answers have been forwarded by post.)

EMPLOYMENTS FOR LADIES.

Letters to be addressed to Miss Winifred Jones, "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C. Continued from Page 29.

ARTIFICIAL FLOWER MAKING (M. L.).—I hope you have been able to follow out my suggestions. The great thing, as I said, is to make something really novel—something on the lines of what I mentioned. Keep your eyes open and strive to improve on anything fresh that you may see. I am putting you on my Register, but I should be glad if you could give me a few more details.

ADDRESSES OF SOCIETIES (Elemby).—I omitted to mention that it would be necessary to get the particulars from each society individually, as each has its own rules and regulations.

MILLINER (Madame Le F.).—I am putting a notice for you in my Register, which is what I gather from your letter you wish me to do. You are evidently well qualified for your work, and as you say it is not easy to get renovations and remodelling done. Do I understand that you charge 2s. 6d. for each of these things, or is it 2s. 6d. for remodelling and trimming also. I presume the trimmings must be bought from you, or do you use up trimmings bought by the customer? Perhaps you would kindly enlighten me on these points? Letters containing notices for insertion on the last page of MYRA must be sent direct to the Editor.

FINE LINGERIE (M. M. B.).—I think you are extremely wise, for I learn, on unimpeachable authority, that this is an occupation where the demand for fine work exceeds the supply. As I told you, you should aim at the very best, and for that reason I advise you to get some lessons on the subject. Having become a skilled worker, you will have little difficulty in obtaining orders; at least, that has been the experience of all the fine workers I have consulted. I am putting a notice in for you in case you have not succeeded in obtaining the necessary instruction.

ADDRESS WANTED (Mrs. W.).—I can give you several addresses of the kind of workers that you require if you will fulfil our simple rules, and send six stamps and a stamped envelope for the reply.

DRESSMAKER WANTED (Mrs. H.).—I sent you the names and addresses of several, and I should be glad to know whom you employed and your opinion of her work. It is an assistance to know an employer's opinion, and it helps me materially in recommending a worker. Moreover, when the latter has given satisfaction, it is only fair that she should reap the reward.

RENOVATIONS, &c. (E. S.).—I am glad to hear that your eyes are getting better; you must be careful not to overstrain them. I sent a letter on to you recently; I hope it meant work that you could undertake. You did not send your notice for re-insertion—merely the coupon and the number. What does that mean?

SMOCKING, &c. (E.).—I hope you will recognise this. I think there is a very good market for children's things, and best of all for lingerie. Have you a great predilection for the former, because, if not, I advise you to take up the latter seriously. For one thing (though it is an advantage to be in London) it is not essential to reside in any particular locality, and a good worker will always be able to command work. But she must be really first-class. Nothing else is any use. I am so glad you like MYRA so much, and find it so useful. You should let your friends know this,

for the wider our circulation the greater our sphere of influence. May I utter a word of warning? You are evidently one of the unselfish sort which spend their all for others. Now, do remember your own future, and provide for that. Brothers and sisters are apt to grow up and go out into the world and forget, and then your day will be past. I do not like to think of the unselfish people I have met and know, who have given only too willingly of their all, and then have left nothing for themselves. I admire your generosity, but I also counsel prudence and foresight. Let me hear what you do, and how you get on. I am putting you on my Register.

DIFFICULTIES IN THE WAY (D. F.).—What I said to "E" applies to you also. There are a good many parents in this world who never give their daughters any chances, and who then marvel that they do not marry. As you truly say, "the past is past"—irrevocably, and you are wise to face the future. I certainly advise you to use the sum at your command on training. It will give you but a few pounds a year in an ordinary investment, but as a means of training it should yield a hundred per cent. With your sincere affection for children, and your evident skill in dealing with them, I think you can hardly do better than become a nurse. This is one of the occupations where the demand always exceeds the supply. Consequently, you can feel quite satisfied in taking up this work. I have personally inspected the Norland Institute, 10, Pembridge Square, W., which has practising nurseries at No 7 (these I have also seen), and this would suit you, I think. Rather nearer you is the Princess Christian Training College, Willington, Manchester; and the Liverpool Ladies' Sanitary Association, 8, Sandon Terrace, Liverpool. If you do not decide on one of these, I can give you other addresses. September is a good month to begin.

ADDRESS OF SOCIETY WANTED (Mrs. P.).—It is very good of you to wish to share your fortune with others. There are many societies glad of orders, including the fine needlework associations for Invalid and Crippled Women and Girls, 309, Fulham Road, S.W.; the Girls' Friendly Society, Albany Buildings, 39, Victoria Street, S.W. (which is a depot for the work of invalid members of the society); and the Goodwill Work Society, Newby Place, Poplar. Orders can be given at the Co-operative Institute, 118, Hart Street, Bloomsbury, W.C.

STORY-WRITING (F. E. K.).—Do not be discouraged. It is difficult, exceedingly difficult, to succeed at an art requiring talent, patience and perseverance, but if you have the genuine gift you will do so at last, I am sure. I can only advise you to persevere. Believe me, we all have to do that, and unless your work is up to a certain standard even influence will be of little avail. But do not think it is an art that does not require work. On nothing must you bestow more infinite pains. Before sending out any story, study carefully the style of paper to which you are sending it. What suits one magazine most certainly does not suit another. Then, again, your story may come in at an unsuitable time, and it may be rejected on that score. It is not easy to make headway nowadays; some of our finest writers have an audience few—though fit. What your friend says is quite true. But, after all, if the public wants a certain kind of work the wise fit their abilities to the public's demand. The writer's position is much that of a tradesman, who, if he does not stock what the public want to buy, will soon find himself in the Bankruptcy Court. I wish you good luck.

FUR REPAIRS, RENOVATIONS (A. P.).—I am sorry to hear you have so few orders, but I do not

think you have kept your notice in very regularly. At this time of year I think you should do well with your fur repairs. It is unfortunate, though, that you should live in such a remote spot. People seem chary of entrusting their orders to anyone far away. I think, if I were you, I should work hard at your lingerie making. There seems a steady and increasing demand for really fine work of this kind, and for that it really does not matter where you live.

ADDRESSES OF WORK SOCIETIES (M. C.).—I sent you several addresses, which I hope were of use.

CHANGE OF WORK (J. G.).—What a remarkably good hand you write! I certainly think you are wise to change your occupation, which evidently does not suit you. I think you were well advised to write to the laundry I mentioned in my reply. There seems to be a great demand for female labour in Australia, though perhaps not, as you say, for ladies' maids. Are you good at dress or blouse making? for it seems to me that there is a distinct opening for that kind of work at all times, if it is really good, and as you have been a ladies' maid you must have some knowledge of it. Go into the matter very thoroughly before coming to any decision. There is money to be made in laundry work, undeniably, but you need to be really well trained. I do not think you could possibly get a real insight into the work under three months, or six would probably be better.

MILLINERY (Leula K.).—All you say is quite true, and you evidently have a real taste for millinery. In addition to the practical experience that you have already gained, I think three months in Paris, if you could manage it, might be useful. Your friend has evidently found her true occupation, and as she has already such a good blouse business, and is willing to join in the expenses of a shop, you should do well. I think perhaps some rising seaside or inland resort would be best. Rents are so high in London and competition so tremendous, whereas good taste, new ideas, and reasonable prices are soon recognised in less busy places. To begin with, at any rate, do renovations, remodelling, &c. When your connection is established you will be able to dispense with such aids.

(Some Answers are unavoidably held over.)

COUPONS.

Correspondents seeking advice on "Dress," "Health and Beauty," "Employments," &c., must enclose in their letters one or more (according to queries) of the following coupons cut from the current number:—

EMPLOYMENTS.

SEPTEMBER, 1909.

DRESS AND HAIRDRESSING.

SEPTEMBER, 1909.

HEALTH AND BEAUTY.

SEPTEMBER, 1909.

GRAPHOLOGY.

SEPTEMBER, 1909.

ETIQUETTE.

SEPTEMBER, 1909.

COOKERY & HOUSE MANAGEMENT.

SEPTEMBER, 1909.

"Myra's Journal is the best fashion book one can buy and the Free Patterns are lovely."—M. Y. A.

OUR FREE BARGAIN COLUMNS.

Advertisements must reach the office of "Myra's Journal,"
10, Fetter Lane, London, before the 1st of each month.

RULES.

1. A PRIVATE ADVERTISEMENT OF TWELVE WORDS IS INSERTED FREE OF CHARGE. 3d. will be charged for every extra six words or portion of six words.

2. It is indispensable that the FREE BARGAIN COUPON should be cut from this paper and enclosed with each advertisement.

3. No responsibility is taken by us with regard to any sales or exchanges arranged, or to any remittances forwarded, nor can we interfere in any differences that may arise between parties to a bargain.

4. Payment of carriage for articles on sale or approval must be arranged between themselves by the parties.

5. THE REPLY TO A NUMBERED ADVERTISEMENT MUST BE CONTAINED IN A BLANK STAMPED ENVELOPE, WHICH MUST BE FASTENED, AND HAVE THE DISTINGUISHING NUMBER OF THE ADVERTISEMENT CLEARLY WRITTEN UPON THE TOP RIGHT HAND.

This reply (or any number of them) must be enclosed in another stamped envelope, directed to the Editor, Free Bargain Columns, MYRA'S JOURNAL, 10 and 11, Fetter Lane, E.C.4, who will add the right name and address, and post it, and thus bring buyer and seller into communication.

Advertisements must reach the office of this paper before the 1st of the month preceding date of issue.

Free Bargains Coupon.

Myra's Journal, September, 1909.

DRESS AND MILLINERY.

Colonial Readers. — MILLINERY, BLOUSES bought and forwarded. References.—83, Sydenham Road, Sydenham.

BLOUSES made to measure free. Lawn from 3s.—83, Sydenham Road.

MILLINERY LESSONS; personal instruction; moderate terms; prospectus free.—W., 57, Upper Gloucester Place, Dorset Square, W.

Fashionable pale grey CLOTH COSTUME; just made; misfit, 36-26-39½. Bargain, 12s. 6d. Approval. m3751

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BLOUSE LENGTHS 10d., DRESS LENGTHS, 2s. 3d.—Latest designs. Save middleman's excessive profits; buy direct. Patterns free.—The Fancy Muslin Co., 19, Cannon Street, Manchester.

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DRESSMAKER, daily, or at home. Renovations, alterations. Blooses speciality.—Mrs. Goddard, 46, Cambridge Road, King Street, Hammersmith.

DRESSMAKER, experienced, daily or at home. References.—Miss Connery, 45, Kenwyn Road, Clapham, S.W.

LADIES' OWN MATERIAL made up at home. Moderate price.—Eugenie, 10, London Street, Paddington, W.

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COOKERY BOOKS.—Six Recipes, approved by Letitia Hope, in M.S. Book with detachable, washable, embroidered linen cover. Work recommended by Blanche Fitzmaurice. Price 5s. Linen Envelopes for stray recipes, 3s.; Special Recipes, 1s. extra. "Mrs. Glasse," c/o Miss Sterling, 14, Bartholomew Road, Kentish Town, London, N.W. Cash with order.

MUSIC neatly and strongly bound in limp covers, 9d. to 1s. m3731

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STAMPS EXCHANGED.—Miss Stanford, 11, St. George's Square, Forest Gate, Essex, England.

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Lady sends PRESCRIPTION, absolute cure for constipation, adults or children; no drugs. P.O. 2s. m3752

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BE YOUR OWN BEAUTY DOCTOR by using La Gloria, the wonderful skin food and tonic. It is Nature's own remedy for beautifying the complexion and gives the charm, bloom, and suppleness of maidenhood. By its use wrinkles are eradicated, and pimples, blotches, sallowness and flabbiness disappear. One month's treatment, post free, 2s. 6d.—Dacre and Co., 187, Hampstead Road, London, N.W.

WHITESTABLE OYSTERS, 25 in bag, 3s.—Bowden, 35, High Street, Herne Bay.

Sow now. PANSY SEED. Packet very best and instructions how to grow giant flowers, P.O. 6d.—Dennis, Outlanes, Stone.

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DRESSMAKERS' COUPON.
SEPTEMBER, 1909.

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Miss Claydon, 243, King's Road, Chelsea, S.W.
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Miss K. W. Dunkley, 42, Windsor Road, Ealing.
Mrs. England, 440, Edgware Road, W.
Mrs. Glover, 3, Redburn Street, Chelsea.
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R. Harvey, Oxford House, 329, Goldhawk Road, W.
Miss H. E. Kelly, 48, Finborough Road, Redcliffe Gardens, S.W.
Mrs. Lucy Hughes, 196, Beresford Street, Walworth.
Miss Olga, 29, Mill Lane, West Hampstead.
Miss Pearl, 18, Bruce Road, South Norwood.
Miss Price, 24, Gordon Road, Kingston-on-Thames.
Miss Rees, 38, Nutford Place, Bryanston Square.
F. Ryan, 198, Walton Street, Chelsea, S.W.
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M. Davies, 19, Jedburgh Street, North Side, Clapham Common, S.W.
Mrs. Duggan, 103, Park Street, Greenheys, Manchester.
Miss Ellison, 97, Cathles Road, Balham Hill, S.W.
Miss E. Farbrother, The Owls, Gloucester Rd., Kingston Hill, S.W.
Miss Gavey, 36, Ambler Road, Finsbury Park, N.
Mrs. Goddard, 35, May Street, West Kensington.
Miss Hauxwell, 16, Portland Gardens, Harringay, N.
Mrs. E. Horner, 70, Barden Road, Tonbridge.
Miss Jacobs, 299, Old Ford Road, Bow, E.
Mrs. Jefferson, 2, Gladstone Street, Acorn, York.
Miss Maud Lee, 89, Warwick Street, Belgravia, S.W.
Misses Leftwich and Bush, 54, Blomfield Road, Maida Hill, W.
Madame Léonie, 120, Talbot Road, Bayswater, W.
Madam Marion, 83, Sydenham Road, Sydenham, S.E.
Mrs. A. Oakley and L. Freeland, 182, Sellincourt Road, Tooting, S.W.
E. Simeon, 1, George Street, Manchester Square, W.
Nellie Siegfried, 90, Dawes Road, Fulham, S.W.
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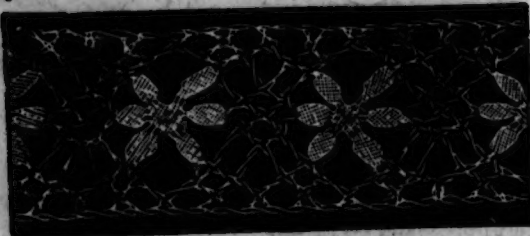
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